



MAYOR SPC DRAGON BOAT CUP (1st Leg, 2026 PDBF Dragon Boat Regatta)

INFORMATION BULLETIN NO. 1

This Information Bulletin serves as an OFFICIAL INVITATION to all dragon boat teams to participate in the Mayor SPC Dragon Boat Cup (1st Leg, 2026 PDBF Dragon Boat Regatta) on March 22, 2026 at the Taal Lake, Barangay Bañadero, Tanauan City, Batangas. This is also the first of four legs of the 2026 PDBF Philippine Dragon Boat Regatta that determines the overall rankings in the country of teams under the Philippine Dragon Boat Federation.

WHO CAN PARTICIPATE

Race is open to all dragon boat clubs in the Philippines regardless of affiliation or non-affiliation. International teams are likewise welcome to join. However, only dragon boat club teams that are members of the Philippine Dragon Boat Federation (PDBF), regardless of membership type and team location, are qualified to earn regatta points for the overall rankings.

Point system will apply in all premier, Senior and 24&Under events with respect to PDBF member clubs. International teams and non-PDBF member clubs are eligible to win trophies and other prizes for the events they will participate in but for the purpose of determining the country ranking based on points earned for this regatta, their participation shall not bear points.

RACE CATEGORIES

Two hundred meters (200m) Straight Course

- 200m Premier Open Standard (DB22)
- 200m Premier Mixed Standard (DB22)
- 200m Premier Women Small Boat (DB12)
- 200m Senior-A Open Small Boat (DB12)
- 200m Senior-A Mixed Small Boat (DB12)
- 200m 24&Under Open Small Boat (DB12)

RACE ENTRY FEES

For PDBF member teams, five hundred pesos (P500.00) per participant with free singlet. For non-PDBF member teams, six hundred pesos (P600.00) per participant with free singlet.

COMPETITION REGULATIONS AND RACING RULES

The event shall be conducted by IDBF-licensed race officials of the PDBF and race volunteers, using PDBF Rules of Racing based on the International Dragon Boat Federation and Asian Dragon Boat Federation Competition Regulations and Rules of Racing. They will be assisted by volunteers from the event organizer STRENGTH x PROJECT and the Local Government of Tanauan, Batangas.

While the Rules of Racing, including those of the ADBF and the IDBF are very comprehensive in scope, there may be situations that may not be covered by the PDBF, ADBF and IDBF Rules. In these situations and those that peculiar circumstances would warrant, the race officials, through the chief official, would exercise sound discretion in handling the same, with the end goal of ensuring fairness and impartiality at all times.



CREW COMPOSITION

Open and Mixed Premier Categories: (Standard Boat)

Ten (10) pairs maximum, nine (9) pairs minimum, two (2) pairs reserve, one (1) drummer, one (1) helm.

Note:

Strict compliance with the IDBF rule on the requirement of minimum of eight (8) and maximum of ten (10) of each gender allowed to load the boat will be observed in the Mixed Crew Category. Thus, to satisfy the minimum crew composition requirement, the following must compose a mixed standard boat crew actually loading the boat as paddlers:

| Male | Female |
|------|--------|
| 10 | 10 |
| 9 | 10 |
| 8 | 10 |
| 9 | 9 |
| 10 | 9 |
| 10 | 8 |

All crew members in the premier events must be at least 12 years old. No gender restriction with respect to drummer and helm. Number of paddlers may be reduced depending on water and weather conditions.

Women's Category: (Small Boat)

Five (5) pairs maximum, four (4) pairs minimum, one (1) pair reserve, one (1) drummer, one (1) helm.

Note:

All crew members in the premier events must be at least 12 years old. Drummer AND helm must be biologically female. If team does not have a female helm, borrowing of helm from another team is allowed. However, races will not be delayed to wait for a helm or any other crew member that is currently racing or still on its way back to the unloading area. The team that will borrow a helm understands that they are taking the risk of being declared in default if their borrowed helm is not available upon being called to load.

Senior A Open, Senior A Mixed, 24&Under Open (Small Boat)

Five (5) pairs maximum, four (4) pairs minimum, one (1) pair reserve, one (1) drummer, one (1) helm

Note:

Strict compliance with the IDBF Rules on the requirement of minimum of 4 and maximum of 5 of each gender allowed to load the boat will be observed in the Senior A Small Boat Mixed Event. Thus, to satisfy the minimum crew composition requirement, the following must compose a mixed crew actually loading the boat:

| Male | Female |
|------|--------|
| 5 | 5 |
| 5 | 4 |
| 4 | 4 |
| 4 | 5 |

No gender and age restriction with respect to drummer and helm. For the Senior-A racing class, paddlers must be 40 years of age or older on any date in 2026. For the 24 & Under, all paddlers must be between 12 years to 24 years of age on any date in 2026. Number of paddlers may be adjusted depending on water and weather conditions

For the Open events regardless of age division, no gender restriction applies to any crew member.



CHANGING ROLES

In case the drummer has to be replaced, anyone from the crew list, regardless if listed as paddler or helm may be allowed to replace the drummer. The replaced drummer may be reassigned as either paddler or helm, or even back as drummer in the next races. As long as a crew member is in the crew list, said racer is allowed to participate in that particular event either as caller, paddler or helm in every race. An exception to this rule is the team manager, team captain or coach who are not also listed as paddler, drummer or helm. In no case will a listed team manager be allowed to load the boat. Moreover, a borrowed helm cannot be reassigned as paddler or drummer.

Once checked at the marshalling for a specific role, no further change in the role in the boat shall be allowed for that particular race. Further role changes may be allowed in the succeeding races, but not during the same race, especially when already in the water.

PRIZES AND AWARDS

Top three teams in each premier competition class will be awarded trophies and medals. Fourth place or third runner up will receive a trophy. All four winners may be awarded cash prize, to be confirmed with the sponsors.

REQUIRED FORMS (as attached)

Crew lists, group waiver form, crew summary and crew gallery are contained in just one Excel file. When submitting the electronic copy, **please submit in EXCEL format only. DO NOT save and submit in PDF format.** Printed copy of all race forms must be submitted on or before the team managers' meeting before the start of the first race of the day.

- A. CREW LIST and GROUP WAIVER FORM must be duly signed by the crew manager. It may be used in conjunction with the PDBF ID and the crew gallery to identify and check members who are racing. The crew manager shall represent the crew in all matters pertaining to the racing competition. Crew list for standard boat events (DB22) must have a maximum of 24 paddlers, one drummer, one helm, one coach, one captain, and one team manager (who is not allowed to be listed as a boat competitor). Coach and captain may be included as a crew member but must likewise be listed as either drummer, helm, or paddler.
- B. CREW GALLERY (for PDBF and non-PDBF participants) may be used to identify and check members who will be racing. Gallery should contain clear photographs of crew members: without head dress, without sun glasses. Indicate the name of the person whose picture appears on the crew gallery. The text below the box for the picture is editable. Put the name and designation of the person whose picture appears therein.
- C. SUMMARY OF CREW- required for administrative reference; include singlet size.
- D. PARENT'S CONSENT – for participants below 18 years old. May be submitted in PDF format.
- E. Proof of age – This may be government-issued IDs, birth certificate, or any other document where the birth date of the competitor is shown. These documents are strictly confidential and will only be used to verify the age of the participants. They will not be shared to other entities outside of the race organizers, except when required to be shown to a team that protests the age of a participant.
- F. PDBF Membership Renewal Form – For PDBF member teams only. Only those declared as members of the team may be allowed to race under the team. Rules on team membership and PDBF Membership Guidelines will apply to participating PDBF member teams. Racers without clearance from the teams where they originated from cannot be allowed to race. Ensure that proper clearance documents are secured before including a member in the crew.



SCHEDULE AND DEADLINES

| Date | Activity |
|--|--|
| March 8, 2026 (Sunday), 8:30AM | <p>Team Managers Meeting</p> <p>Venue: To be announced</p> <ul style="list-style-type: none"> • Confirmation of entries • Draw lots for the initial heats • Payment of race fees, membership dues and permanent ID <p>No complete payment of race fee, annual membership renewal, monthly dues, boat docking, and ID fee, NO LOADING</p> |
| March 15, 2026 (Sunday), 11:59PM | <p>Deadline for submission of soft copy of race forms and membership renewal form (for PDBF member teams only and if there are additional members not declared in the last membership renewal this 2026). Email EXCEL format of race forms and membership renewal form to phidbfed@gmail.com, cc: marciacristobal@yahoo.com. For the race forms and proof of payment, please cc: trainstrengthproject@gmail.com.</p> <p>After the herein deadline, crew gallery or change is subject to the approval of the organizers and may only be entertained for valid reasons.</p> <p>For the Senior and 24&U, email the valid IDs with birthday, or other relevant documents of all concerned athletes along with the race forms. Bring hard copy of race forms, IDs and other documents mentioned here on the race day for the allowable crew changes onsite (Maximum of 4 for standard boat events and maximum of 2 for small boat events).</p> |
| <p>March 22, 2026 (Sunday)</p> <ul style="list-style-type: none"> - 4:30 AM - 5:00 AM - 6:00AM - 6:30 AM - 7:00 AM - 4:00 PM - 5:00 PM - 7:00 PM | <p>RACE DAY</p> <ul style="list-style-type: none"> Call time for race officials and volunteers Call time for racers; Race officials' briefing, station check Team Managers' Meeting / Claiming of singlets / Submission of hard copy of race forms Prayer, National Anthem, Oath of Sportsmanship, Opening Remarks, Eye-Dotting Ceremony; Program; Call teams for Race Nos. 1 & 2 All Day Racing of all events Last race of the day Awarding Egress |



ADMINISTRATIVE MATTERS

1. Identity Checking at the Loading Control

Crew lists and/or team galleries will be counterchecked with PDBF IDs of participants. Presentation of PDBF IDs (permanent or temporary IDs) will be required for checking/verification purposes. A participant's PDBF ID must bear the name of the team where the crew is listed for this race. Transferees from one team to another must obtain temporary ID from the PDBF prior to the start of the race. Teams that are yet to settle their permanent ID fee of P100/ registered member are advised to promptly settle said fee prior to race day to avoid inconvenience and delay during race day. Non-PDBF teams are required to secure a PDBF ID valid for the day of the race. Temporary IDs cost P50/each.

Since this is a regatta race, strict team membership shall be observed. Except for the helm, all members of the crew must belong to the team they represent as reflected in the most recent PDBF renewal forms of the member clubs. The PDBF Membership Committee database will be the basis for team membership of individual players, except when other proofs of membership are considered by the Secretariat and chief official on meritorious grounds.

Issues with respect to a team's dry spell or restriction on an individual's participation in PDBF races may be applied subject to evaluation of evidence presented by the protesting party which may include clearance, team bylaws, rules of membership or board resolution. Ultimately, the chief official, upon the recommendation of the race secretariat, has the final decision as to conflicts of this nature.

Teams that deliberately include in their crew list, players who are not their own team members or are not yet cleared from their previous teams may be given appropriate sanctions ranging from warning to disqualification from the race.

Age of participants in the Senior A and 24&Under divisions will be pre-screened using the e-mailed IDs with birth dates and other relevant documents. These IDs and documents must be emailed with the race forms on or before the due date mentioned in the **SCHEDULES & DEADLINES** portion of this Information Bulletin. Those allowed to be included in the crew or change crew, but have not submitted via email their proofs of age, must be ready with the physical or electronic copy of their proof of age. These must be presented to the secretariat before the beginning of the first race. The team manager must ensure strict compliance with this requirement to avoid delays in races. Inclusion of crew members not qualified for the age division entered and raced in, whether intentional or not, may cause the team's disqualification from the competition class concerned.

The marshals at the athletes control and the marshalling area may refuse a person from participating in the race if, in their assessment, the person is under the influence of alcohol or illegal substances, or is not in a good physical condition to race, or not in the crew list, or not within the allowable age bracket for the event where they intend to race.

2. Payment of Race Fee

Our event organizer STRENGTHxPROJECT will accept payments during the team manager's meeting. Check payments or bank deposits may be paid to them with a copy of the deposit slip furnished to the PDBF. Below are the details of the payee:

RCBC current account number: 0000 0075 9153 9057
Account name: StrengthProject Sports Consultancy

Email a copy of the deposit slip to trainstrengthproject@gmail.com, copy furnished to phidbfed@gmail.com.

If a team decides not to participate in the race, **NO refund** shall be made to those who have paid their race fee partially or in full.



3. Uniform

Team uniform must be used by the entire crew, except the life vest, which must be worn properly outside any other upper body clothing. The drummer may be allowed to wear a different uniform for easier identification of the team's drummer during checking and actual races.

4. Water provisions for teams

Water will be provided to race participants, except when there will be a hydration partner. In such case, no more water provisions will be given, but only the hydration provisions from the official hydration partner. Those with Teams A and B will have two allotments of water provisions as they are treated as two separate teams. Once the water provisions are available, the same will be announced through the public address system and teams may get their allotment from the Secretariat area. Teams are advised to return their empty water bottles to the Secretariat area as soon as possible to avoid paying for the rented water bottles. Once returned, team representative must sign the water bottle return form. Lost water bottles will be charged to the team concerned at P500/ bottle.

5. Crew Waiver Form

Please be reminded that when signing a crew list and crew waiver form, the person signing is confirming that all competitors on the list are "fit to race." This means that race participants are not only physically able to take part in the race, but also do not possess any medical condition that could jeopardize their health and the general conduct of the race. These conditions include but are not limited to COVID-19 infection, consumption of alcohol or a known medical condition that make the participant unfit to participate in the competition. By signing the crew waiver form, the team representative is also confirming that all participants are fully vaccinated against COVID-19. No unvaccinated individual will be allowed entry into the premises, none more so, participate in whatever capacity in the event.

Moreover, by signing the crew waiver form, the participants are likewise giving consent to the use by the organizers of their personal information shared in the submitted forms, including the membership renewal forms, for the purpose of conducting dragon boat races and other related purposes where such information may be used. Moreover, the racers, by signing the waivers, understand and waive any confidentiality rights they may have on the details of their identification cards or documents that may be exhibited (not furnished), if required by circumstances such as a protest on the age of a racer. In no case shall a copy of the identification document of a participant, whether printed or electronic copies, be furnished or given to another participant without the consent of the owner of said identification document. The organizers do not tolerate abuse or unauthorized sharing of said personal information.

Lastly, by signing the crew waiver form, the participants likewise undertake to keep their respective area and the rest of the race site clean.

6. Use of Personal Floatation Device

Consistent with the requirement to ensure safety of participating players, everyone is required to wear personal floatation device (PFD) / life vest during all water activities. No crew member shall be allowed to load the boat and race without a PFD securely worn. Only PFDs that are worn over the shoulders and across the body without having the need to be inflated are allowed. Teams are advised to read carefully and brief their members on the PDBF water safety guidelines which is available at the PDBF website (<https://pdbfsport.com>).

7. Time Allowance & Starting Position

Team leaders are advised that there will be **NO TIME ALLOWANCE** for any competitors who are listed in any two or more events in the same team. The race schedule will be strictly followed. Crews with athletes in consecutive heats are advised that race officials shall not allow delay in races or make any extra allowances in the event of 'back to back' racing. Listing same players in two or more events, including drummer and helm, is strongly



discouraged as it may result to the team's declaration of default or disqualification if it unduly delays the conduct of races by reason of its double rostered players. Double rostering of players in two separate teams including Teams A and B of wholly or essentially the same team name is absolutely prohibited. No crossover to different teams is allowed.

Pontoons for boat holders will be installed to facilitate easier alignment at the starting line. To discourage delay caused by crews who do not follow instructions or stop the race by raising their hands due to mere inconvenience (instead of an emergency), the starter may recommend the a time penalty of +2 seconds to teams who unduly delay the race, subject to approval of the chief official. This notwithstanding, the starter may choose to proceed with the race if one team has not yet reported at the starting line despite repeated instructions to do so, to avoid delays in the races.

8. Marshalling / Athletes Control Protocols

Once the crew members have been checked, they are **not allowed** to leave the Athlete's Control tent, nor can other paddlers, including the reserve players, be allowed inside the tent. Only the team manager can go with the paddlers inside the tent. Similarly, athletes, accompanied by the team manager and/or coach, are allowed to access the loading / unloading area. No team member, including reserve players who were not part of the competing crew that had been checked, will be allowed at that boat marshalling / loading / unloading area.

9. Minimum public health standards and protocols

Everyone is enjoined to observe minimum public health standards and protocols. All participants, support crew and spectators are required to be fully vaccinated against COVID-19 and must not exhibit any symptoms of the virus on the day of the event. A general health declaration is included in the crew waiver form. All teams are required to ensure that no member has a temperature of 37°C or higher.

10. Cleanliness

Cleanliness and environmentally-sound practices will strictly be enforced to maintain proper sanitation and waste disposal in the area. Teams are **REQUIRED** keep their respective tents clean and orderly at all times. Use trash bags. Single-use plastic materials are prohibited. Bring personal canisters or cups and mesh kits. Observe proper waste segregation and dispose all garbage before leaving the race site. Keep the entire area clean at all times. A team tent found to have uncollected trash, meaning garbage that is not contained in a trash bag or receptacle, shall be charged P1,000 penalty.

11. Parking

Some portions of the Bañadero Baywalk will be closed to vehicular traffic. Participants and guests with cars may use the designated parking space along the road traversing the baywalk. Signages and traffic attendants will be in the area to assist on proper parking.

TECHNICAL INFORMATION

- I. Eight (8) standard dragon boats will be used for both standard and small boat events. As much as possible, the same boat types will be used for the same round of each racing class. However, should there be fastest loser/s in the race progression, the same type of boat will be used. If the race progression does not need to get a fastest loser, the race organizers may allow the use of other boat brands for the other rounds to ensure faster crew transition and races.
- II. In case of cumulative heats. Top four teams with the best accumulated time (lowest recorded aggregate time from the two heats) will have a final race to determine their ranking. In case races need to be cancelled due to weather conditions and similar circumstances, ranking may be based on time of last round of races finished.



- III. Senior and 24&Under. The Senior Open, Senior Mixed, and 24&Under Open (all small boats) category will be included in the national ranking of the 2026 Regatta. Depending on the number of entries, the basis of the winners may be cumulative time or the ordinary race progression. In case entries in this event are not in the multiples of four and basis of winners is time-based, entries may be included in other events with less than four teams in a race.

Other details and/or additional information shall be posted on the PDBF Facebook page, the PDBF website (<https://pdbfsport.com>) or may be sent thru email. For questions and concerns, you may leave us a message in the official Facebook page of the Philippine Dragon Boat Federation <https://www.facebook.com/ePDBF>, or email us at phidbfed@gmail.com.

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