With Marc Aureli Piqué Batalla

A Guide To Treat Complex Regional Pain Syndrome



Duration: 1 day
CPD Hours: 8
Format: Online
Fee: £100+VAT

Marc Aureli Pique Batalla PT, MSc is physiotherapist in the Complex Regional Pain Syndrome Service in Bath, United Kingdom. This service provides specialist treatment for people living with Complex Regional Pain Syndrome. Concurrently, he is pursuing a PhD at the University of West of England in Bristol, United Kingdom. His research focuses on exploring the role of cognition in treating complex chronic pain conditions.

Overview:

Treatment for Complex Regional Pain Syndrome remains challenging. Rehabilitation interventions, recommended by clinical guidelines, are a cornerstone of CRPS treatment. Yet, these guidelines present variation, include data from low-level evidence or from non-CRPS population (e.g. low back pain), and do not provide a definitive guide to use rehabilitation interventions. This course reviews the most up-to-date evidence of rehabilitation interventions for people living with CRPS, offering practical clinical strategies to improve CRPS-related outcomes.

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Course Outline

Module I: Introduction.
Module II: Rehabilitation principles
Module III: Educational concepts.
Module IV: Psychosocial factors.
Module V: The role of Body Perception Disturbances.
Module VI: Exposure-based interventions.
Module VII: Pain acceptance interventions.
Module VIII: Physical activity.
Module IX: Managing activity and rest patterns, and setback planning.

Key Learning Outcomes:

- To appraise the relevant evidence regarding Complex Regional Pain Syndrome treatment.
- To understand Complex Regional Pain Syndrome treatment principles and their application to treat this condition.
- To develop clinical reasoning and practical skills in Complex Regional Pain Syndrome treatment.

What does this virtual course offer you?
In this one-day virtual course, you will develop clinical reasoning and practical skills to treat Complex Regional Pain Syndrome

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