With Erica Malcolm

Aspects of Functional Anatomy & Fascia for Therapists working in Neurology

Duration: 2 day

CPD Hours: 13

Date: 5th-6th February 2025

Format: Face to Face

Fee: £265

Erica Malcolm Consultant Physiotherapist Neurology



Overview:

This course will offer the student the opportunity to explore and assess the effects of influencing muscles and aspects of the connective-tissue system (fascia) to improve the control, range and pattern of movement. Following informative lectures, students will explore further learning through the use of interactive practical sessions

learning Outcomes:

By the end of this course the participant should be able to:

- Understand the importance of the influence of fascia to movement control
- Influence movement control through altering the fascial system.
- Implement a treatment via the fascial system based on a logical clinical reasoning process
- Spot movement inefficiencies and strategies and influence them by influencing the fascial system
- ▶ Use bespoke 'treatment markers' to evaluate their intervention
- Apply practical techniques learnt in their patient treatment session

SUGGESTED PRE -COURSE READING
Any text on fascia and the fascial system
Watch 'strolling under the skin' by Jean Claude Guimberteau on You

Please note that this course is highly practical and shorts and t shirts or vest tops and required

Visit our Website to Book!

