With Lucy Gwynne & Michelle Kudhail

Balance Rehabilitation



Duration: 2 days CPD Hours: 14 Format: Face to Face Fee: £250

Overview:

The aims of this course are to teach you how to assess and treat the multi factorial aspects of balance in a time effective way.

Who will Benefit?

This course is aimed at therapists working with people who have balance issues from any cause.

Course Outline

- Assessment of motor components of balance
- Evidence based treatments for retraining motor components of balance
- Assessment of sensory components of balance
- Evidence based treatments for retraining sensory components of balance



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Key Learning Outcomes:

By the end of the course the participant should be able to:

- Assess all components of balance in the clinical setting.
- Evidence the reason for interventions using current research.
- Develop a treatment strategy to address each aspect of balance.

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