

With Lucy
Gwynne &
Michelle
Kudhail

Balance Rehabilitation

Duration: 2 days
CPD Hours: 14
Date: 5th-6th Dec 2024
Format: Face to Face
Fee: £250



Overview:

The aims of this course are to teach you how to assess and treat the multi factorial aspects of balance in a time effective way.

Who will Benefit?

This course is aimed at therapists working with people who have balance issues from any cause.

Course Outline

- Assessment of motor components of balance
- Evidence based treatments for retraining motor components of balance
- Assessment of sensory components of balance
- Evidence based treatments for retraining sensory components of balance

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Training made easy

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Key Learning Outcomes:

By the end of the course the participant should be able to:

- ▶ Assess all components of balance in the clinical setting.
- ▶ Evidence the reason for interventions using current research.
- ▶ Develop a treatment strategy to address each aspect of balance.

