

With Marc  
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Batalla

# Developing practical clinical skills in Cognitive Multisensory Rehabilitation - A Sensorimotor Approach for Motor Recovery in Patients with Neurological Conditions

**Duration: 1 day**

**CPD Hours: 8**

**Format: Face to Face**

**Fee: £100**



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## Overview:

Cognitive Multisensory Rehabilitation (CMR) is a sensorimotor intervention developed for stroke motor rehabilitation by Professor Perfetti that targets somatosensory and multisensory, and cognitive functions through sensory discrimination exercises. CMR focuses on the perception and integration of different sensory modalities (e.g. somatosensory, visual, etc.) and body parts (e.g. shoulder and hand) in order to produce purposeful, effective and accurate movements allowing an appropriate relationship with the surrounding environment. CMR tasks involve the activation of cognitive processes (such as perception, attention, body representation, memory, etc.) in order to regain mind-body connection and recover functional ability impaired or lost. Each CMR task is designed to prompt patients to: pay attention to their body; comprehend and perceive it; know and understand its movement. In this face-to-face course, attendees will be provided with a general overview of CMR and will engage in practical activities and clinical cases aiming at developing clinical skills to deliver CMR in clinical practice.

## Who will Benefit

This course is suitable for Physiotherapists and Occupational Therapists interested in Neurological Rehabilitation (with or without previous knowledge of Cognitive Multisensory Rehabilitation).

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## Key Learning Outcomes:

### What does this virtual course offer you?

In this one-day face-to-face course, you will develop clinical reasoning and practical skills to deliver Cognitive Multisensory Rehabilitation and to treat neurological conditions.

### What are the objectives of this course?

The student should be able:

- To understand the Cognitive Multisensory evidence and its relevance to the treatment.
- To understand the Cognitive Multisensory Rehabilitation Principles and their application to treatment.
- To develop clinical reasoning and practical skills in conducting Cognitive Multisensory Rehabilitation tasks to the treatment of patients.

## Course outline

**08:30-09:15** What is Cognitive Multisensory Rehabilitation?

What is the evidence of Cognitive Multisensory Rehabilitation?

**09:15-10:00** Clinical reasoning in Cognitive Multisensory Rehabilitation (I)

**10:00-10:15** Break

**10:15-11:00** What are the Cognitive Multisensory Rehabilitation principles?

What is a Cognitive Multisensory Rehabilitation task?

**11:00-12:00** Practical workshop I: Upper Limb CMR Tasks

**12:00-12:30** Lunch break

**12:30 -13:30** Clinical reasoning in Cognitive Multisensory Rehabilitation (II)

**13:30-15:00** Practical workshop II: Lower Limb CMR Tasks

**15:00-15:15** Break

**15:15-16:30** Practical workshop III: Trunk CMR Tasks

**07599248215**

