

With  
Erica  
Malcolm &  
Ella  
Donnison

# Kinesiology Taping in Adult Neurology 2-Day Course

**Duration: 2 days**

**CPD Hours: 14.5**

**Date: 23 & 24 October 2024**

**Format: Face to Face**

**Fee: £360**



**Erica Malcolm Consultant Physiotherapist Neurology  
& Ella Donnison Hand Occupational Therapist**

## **Day 1 : Kinesiology Taping for Beginners - When, Where, Why, Who?**

This course, for qualified physiotherapists and occupational therapists, will comprise of formal teaching and practical sessions. The course will explore basic kinesiology taping techniques and tips along with the concepts supporting their use.

Learning Outcomes

By the end of the course the student will:

- Know the concepts and claims made for the use of kinesiology tape
- Know indications and contraindications for the use of kinesiology tape
- Know how kinesiology tape differs to other tapes
- Have practical experience in the application of kinesiology tape

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Training made easy

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## **Day 2: The use of Kinesiology Tape with Adults with Neurological Damage**

This course is designed for physiotherapists and occupational therapists working in neurology who have already attended a basic kinesiology taping course. It will explore possible kinesiology taping techniques for use with the adult neurological patient. It will build on the students clinical reasoning skills and response-based practice to decide how, when, where and with which patients to try taping. The course will comprise of formal teaching/lecturers and interactive sessions including case studies.

### **Learning Outcomes**

By the end of the course the student will:

- Understand the concept of using kinesiology tape with adults with neurological damage
- Have been demonstrated techniques believed to facilitate / inhibit muscle activity in neurology
- Have been demonstrated and practiced techniques for upper limb taping for neurological patients
- Have been demonstrated and practiced techniques for lower limb taping for neurological patients
- Be able to use clinical reasoning for the use (or not!) of kinesiology tape specific to individuals with neurological damage or disease.....when, where, how, why!

**Attendance is required on both days. Delegates will need to purchase their own rolls of Kinesiology tape and bring along to the course.**