

**With
Erica
Malcolm**

Exploring Functional Patterns of Movement for Therapy Assistant Staff



Duration: 1 day
CPD Hours: 7
Date: 15th January 2025
Format: Face to Face
Fee: £160

Erica Malcolm Consultant Physiotherapist Neurology

Overview:

This course will look at typical functional movements and explore how following neurological damage or disease, inefficient movement strategies can/will impact negatively on future movement and function. The course will develop the clinical skill of analysis through observation, palpation and handling.

IMPORTANT NOTE: THIS IS NOT A MANUAL HANDLING COURSE

Aims of the Course:

- To give the participant the opportunity to develop a logical structure to analyse movement patterns.
- To develop the participants clinical reasoning process when analysing functional movements such as sit to stand, sitting to lying, moving in bed etc.
- To build confidence in the area of movement analysis

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Training made easy

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Exploring Functional Patterns of Movement for Therapy Assistants Staff



Who will Benefit:

THERAPY ASSISTANT STAFF WORKING WITH ADULTS WITH
NEUROLOGICAL DAMAGE OR DISEASE

Learning Outcomes:

By the end of this course the participant should be able to:

- Assess several regularly used functional movements
- Spot potential influences of negative plasticity based on their assessment findings
- Employ a logical clinical reasoning process to suggest changes in movement patterns to reduce negative plasticity and so improve the potential for improved future function
- Spot movement inefficiencies and strategies used when moving

SUGGESTED PRE -COURSE READING

- **Review the anatomy of the lower limbs and pelvis**
Any text where 'patterns of movement' are explored

Please note that this course is highly practical and t- shirts and shorts or leggings are required (no jeans please)

