

**With
Jacqui
Holmes**

Fighting Frailty and Deconditioning in the Acute Inpatient Setting

Duration: 1 hr
Date: 14th November 2024
18.00-19.00 PM
Format: Online
Fee: £5



Lecturer
Jacqui Holmes (Operational Lead for Inpatient
Physiotherapy)

Overview:

This Fighting Frailty and Deconditioning webinar is accessible for all registered healthcare professionals who are looking to develop their knowledge and understanding of frailty and deconditioning in the acute inpatient setting. Frailty is a clinical state characterised by heightened vulnerability to adverse health outcomes as a result of physiological decline in multiple organ systems. Older adults with frailty are less resilient to external stressors such as illness and injury. Globally, with an ageing population, there is an increasing recognition of frailty as a public health priority. In addition, frail older adults are at a higher risk of acute deconditioning when in hospital. Deconditioning syndrome is the condition of physical, psychological and functional decline that occurs as a result of complex physiological changes induced by prolonged bed rest and associated loss of muscle strength. This can result in associated harms and increased length of stay for patients.

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Fighting Frailty and Deconditioning in the Acute Inpatient Setting

The aim of this webinar is to provide a taster of what to expect from a new online study day, “Fighting Frailty and Deconditioning in the Acute Inpatient Setting”. We will cover an overview of frailty and hospital acquired deconditioning in the acute setting and discuss ways to change or improve your practice to better manage and prevent the progression of frailty and deconditioning in your own clinical work. If this leaves you wanting more, you can then sign up to the “Fighting Frailty and Deconditioning in the Acute Inpatient Setting” study day on 22nd January 2025!

Webinar Outline

- Overview of frailty and hospital acquired deconditioning in the acute setting
- Understanding the impact of frailty and deconditioning for frail older adults
- Consider ways in which your practice can change to better manage and prevent the progression of frailty and deconditioning in acute settings
- Find out more by booking on to our new study day “Fighting Frailty and Deconditioning in the Acute Inpatient Setting” on 22nd January 2025!

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