

With  
Erica  
Malcolm

# GAIT- Exploring Assessment Ideas & Treatment Options

**Duration: 1.5 day**  
**CPD Hours: 10**  
**Date: 19th-20th**  
**November 2024**  
**Format: Face to Face**  
**Fee: £265**



**Erica Malcolm Consultant Physiotherapist Neurology**

## Overview:

This course will look at gait analysis initially in the adult without neurological damage by exploring how movement inefficiencies and the resultant movement strategies can/will impact on the gait pattern.

The course will use the clinical skills of observation, palpation and handling. The course is aimed at the qualified therapist working in adult neurology, although the principles may well be of interest to those working in other clinical areas.

Course participants will be given the opportunity to apply their clinical reasoning and treatment skills to effect and change in 'the normal' individual as well as joining in with a tutor led patient workshop.

## Aims of the Course

- To give the participant the opportunity to develop a logical structure to analyse gait in the community or hospital setting using observational and handling skills.
- To develop a clinical reasoning process to help answer that difficult question...'where do I begin?'
- To build confidence in the area of gait analysis

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# GAIT- Exploring Assessment Ideas & Treatment Options



## Learning Outcomes:

By the end of this course the participant should be able to:

- Briefly assess gait in the clinical setting
- Develop a treatment strategy based on their assessment findings
- Implement a treatment based on a logical clinical reasoning process
- Spot movement inefficiencies and strategies used during gait
- Use bespoke 'treatment markers' to evaluate their intervention

**Please note that this course is highly practical and shorts or leggings are recommended**

### SUGGESTED PRE -COURSE READING

- Review the anatomy of the lower limbs and pelvis
- Review any gait analysis text of your choice

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