

With
Dr
Christopher
Norris

Integrated Manual Therapy

Duration: 3 day
CPD Hours: 22.5
Format: Face to Face
Fee: £375



Dr Christopher Norris

Overview:

Description

The Integrated Manual Therapy course is a three-day course giving an in-depth practical knowledge of modern manual therapy techniques.

Drawing on over 35 years of clinical practice, [Dr Christopher Norris](#) has produced a detailed course which distils manual therapy into its most clinically effective techniques. Combining work by Cyriax, Maitland, McKenzie and Mulligan, the Integrated Manual Therapy (IMT) course cuts through the traditional dogma which pervades much of manual therapy teaching. In three days you will learn effective techniques for the lower limb, upper limb, and spine giving you confidence to begin treating from day one.

Visit our Website to Book!



Training made easy

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Overview:

- Day one
 - The science of manual therapy
 - Grading & recording manual therapy
 - Techniques for the hip, knee, ankle, and foot
- Day two
 - Clinical reasoning – what to apply & how to decide
 - Techniques for shoulder, elbow, wrist and hand.
- Day three
 - Progressing techniques and incorporating into an effective rehab programme.
 - Techniques for lumbar spine and sacroiliac joint (SIJ), thoracic spine and ribs, cervical spine.

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