With Ella Donnison & Katie Horton

Introduction to Static Splinting of the Wrist & Hand



Duration: 1 day
Format: Face to Face
Fee: £134+VAT

Katie Horton CSP, Hand Physiotherapist &
Ella Donnison Hand Occupational Therapist, BSc Occupational Therapy / MSc Hand Therapy / Accredited Hand Therapist (BAHT)

Overview:

The one-day course will comprise of formal teaching & the fabrication of an array of splints including finger, thumb & hand & is suitable for Physiotherapists & Occupational Therapists.

The course is NOT condition specific but will give new & less experienced splinters experience of a range of thermoplastic materials & tips & tricks

- Theoretical Introduction to static splinting & anatomical consideration
- Practical splint fabrication:

1.Finger Splint
2.Hand Based Thumb Splint
3.Wrist & Thumb Splint
4. Forearm & Hand Splint i.e. Resting Splint or POSI Splint
5.Hand Based Splint

Course Aims;

To develop knowledge & Skills in;

- The underpinning theory for static splinting & important anatomical considerations
- The increased awareness of how to create splint patterns for an array of hand & wrist splints
- The handling of an array of thermoplastic material through the fabrication of an array of hand & wrist splints

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Additional information

Handout and Course materials

- This will be emailed to delegates pre course
- This can be printed off by the delegate for use during the course delivery

Practical Sessions

- Delegates will work in pairs & fabricate a range of hand & wrist splints. All thermoplastic materials & accessories will be supplied for the course
- Please bring a pair of scissors

Dress code for the course

- Delegates should wear clothing that allows easy access to the upper limb for splinting

Recording or Images

- Delegates are not allowed to record or take images (i.e. screen shots or using a camera) of any part of this course in any format

Liability disclaimer

This course teaches you new information and skills. It is important to remember that you are not fully skilled to practice on patients purely by attending this course. Enjoy gaining your skills with each other and have fun!

Polite Notice

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