

**With
Derby
Parkinson's
Team**

Multidisciplinary Management of Parkinson's Introductory Level

Sponsored by



Duration: 1 day

CPD Hours: 7.5

Format: Face to Face

Date; 12th November 2025

Venue; Derby Mickleover Hotel

Fee: £130

Overview:

This study day is aimed at all grades of allied health professionals as well as support staff and exercise professionals working with people with Parkinson's who wish to increase their knowledge and skills in Parkinson's intervention.

The course is especially relevant for those who currently have limited knowledge of Parkinson's and its management. The day covers a multidisciplinary approach to the management of the symptoms of Parkinson's and the importance of exercise intervention.

Each session will be led by a clinical specialist in the field of Parkinson's.

Registration requirement: This course is designed for therapists, support staff and exercise professionals with limited experience in Parkinson's and who are looking to develop their understanding and skillset

**Visit our Website to Book or call
07599248215!**



Training made easy



Key Learning Outcomes:

- Increase understanding of aetiology, pathology, signs and symptoms of Parkinson's.
- Understand the main drug options for the management of motor symptoms in Parkinson's
- To gain knowledge of the best practice and current evidence-based therapy management of Parkinson's for physiotherapy, occupational therapy and speech therapy.
- Awareness of use of cues and strategies in Parkinson's management

This event includes;

Tea, coffee & refreshments

Breakfast cobs & Lunch are provided

Access to the hotel facilities!

A Discount for a copy of 'Parkinson's disease: A multidisciplinary guide to management ,1st edition'

We have a discounted Rate for hotel stays at the Derby Mickleover Hotel - Get in touch with us for this!



Programme

8.30-9.25	Registration and networking	
9.25-9.30	Welcome & Outline for the Day	
9.30-10.30	Parkinson's overview: diagnosis, motor & non-motor symptoms, stages & medication management	Dr Rob Skelly Consultant Physician
10.30-11.00	Living with Parkinson's	TBC
11.00 – 11.30	Coffee	
11.30-11.50	Principles of MDT management Specialist Physiotherapist	Fiona Lindop MBE,
11.50- 12.45	Management of Communication in Parkinson's	Caroline Bartliff Specialist Speech & Language Therapist
12.45-13.30	Lunch	
13.30- 14.15	Physiotherapy and exercise in Parkinson's	Fiona Lindop MBE
14.15- 15.05	Management of the Hospitalised person with Parkinson's	Lisa Brown Parkinson's Disease Nurse Specialist
15.05-15.20	Refreshment Break	
15.20 –16.05	Cognition & OT intervention in Parkinson's	Clare Johnson Specialist Occupational Therapist
16.05-16.15	Final Questions	
16.15	Close	