

**With  
Derby  
Parkinson's  
Team**

# **Multidisciplinary Management of Parkinson's Introductory Level**

Sponsored by

**PARKINSON'S  
Excellence  
Network**



**Duration: 1 day**  
**CPD Hours: 7.5**  
**Format: Face to Face**  
**Date; 12th November 2025**  
**Venue; Derby Mickleover Hotel**  
**Fee: £130**

## **Overview:**

This study day is aimed at all grades of allied health professionals as well as support staff and exercise professionals working with people with Parkinson's who wish to increase their knowledge and skills in Parkinson's intervention.

The course is especially relevant for those who currently have limited knowledge of Parkinson's and its management. The day covers a multidisciplinary approach to the management of the symptoms of Parkinson's and the importance of exercise intervention.

Each session will be led by a clinical specialist in the field of Parkinson's.

Registration requirement: This course is designed for therapists, support staff and exercise professionals with limited experience in Parkinson's and who are looking to develop their understanding and skillset

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07599248215!**



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## Key Learning Outcomes:

- ▶ Increase understanding of aetiology, pathology, signs and symptoms of Parkinson's.
- ▶ Understand the main drug options for the management of motor symptoms in Parkinson's
- ▶ To gain knowledge of the best practice and current evidence-based therapy management of Parkinson's for physiotherapy, occupational therapy and speech therapy.
- ▶ Awareness of use of cues and strategies in Parkinson's management

### **This event includes;**

Tea, coffee & refreshments

Breakfast cobs & Lunch are provided

Access to the hotel facilities!

A Discount for a copy of 'Parkinson's disease: A multidisciplinary guide to management ,1st edition'

**We have a discounted Rate for hotel stays at the Derby Mickleover Hotel - Get in touch with us for this!**

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## Programme

<b>8.30-9.25</b>	<b>Registration and networking</b>	
<b>9.25-9.30</b>	<b>Welcome &amp; Outline for the Day</b>	
<b>9.30-10.30</b>	<b>Parkinson's overview: diagnosis, motor &amp; non-motor symptoms, stages &amp; medication management</b>	<b>Dr Rob Skelly Consultant Physician</b>
<b>10.30-11.00</b>	<b>Living with Parkinson's</b>	<b>TBC</b>
<b>11.00 – 11.30</b>	<b>Coffee</b>	
<b>11.30-11.50</b>	<b>Principles of MDT management Specialist Physiotherapist</b>	<b>Fiona Lindop MBE,</b>
<b>11.50- 12.45</b>	<b>Management of Communication in Parkinson's</b>	<b>Caroline Bartliff Specialist Speech &amp; Language Therapist</b>
<b>12.45-13.30</b>	<b>Lunch</b>	
<b>13.30- 14.15</b>	<b>Physiotherapy and exercise in Parkinson's</b>	<b>Fiona Lindop MBE</b>
<b>14.15- 15.05</b>	<b>Management of the Hospitalised person with Parkinson's</b>	<b>Lisa Brown Parkinson's Disease Nurse Specialist</b>
<b>15.05-15.20</b>	<b>Refreshment Break</b>	
<b>15.20 –16.05</b>	<b>Cognition &amp; OT intervention in Parkinson's</b>	<b>Clare Johnson Specialist Occupational Therapist</b>
<b>16.05-16.15</b>	<b>Final Questions</b>	
<b>16.15</b>	<b>Close</b>	

