Neurological Upper Limb for Occupational Therapists

Duration: 2 day
CPD Hours: 13.5
Date: 12th-13th February 2025
Format: Face to Face
Fee: £265

Erica Malcolm Consultant Physiotherapist Neurology

Overview:

You must have already attended the posture and balance upper limb unless you are able to provide evidence of similar training within the last two years.

It is a 2-day course that is primarily aimed at those working in adult neurology, it may also be of interest to those currently working in other associated fields.

The course will include sessions covering the areas of applied upper limb anatomy, muscle mobilisation techniques and facilitation. A patient will be involved in the practical sessions and will be assessed. The practical sessions will be based on clinical findings.
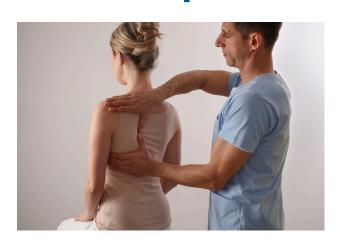
Course Aims

- To present a clear analysis of posture in various functional alignments
- To present a clear step by step process for assessment of the upper limb in adults with neurological damage/disease
- To present treatment options relevant to the clinical setting
- To develop and build confidence in 'hands on' therapeutic intervention.

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Learning Outcomes:

By the end of the course participants will be able to:

- Use a clear clinical reasoning process to select a posture for a chosen function.
- Identify specific areas for treatment to improve upper limb function/movement.
- Effectively apply treatment techniques to effect a change in movement/function performance.

The course is primarily aimed at those working in adult neurology but may also be of interest to those currently working in other associated fields.

Pre-course reading is essential - Muscle spindle (any text)
Also any text relating to: - The anatomy of the upper limbs – (you will need to bring this with you!)
This course has a high practical element and therefore loose clothing should be worn & preferably bring a 'vest top'.

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