

**With
Alison
Neal**

Occupational Therapy Interventions for Autistic Children & Young Adults



Duration: 2 days
CPD Hours: 16
Format: Face to Face

Ali Neal, Occupational Therapist, School Sensory Solutions

Overview:

A two-day introduction to working with autistic children for Occupational Therapists new to this field. It is also appropriate for those working with autistic adults with learning disabilities.

Course Aims:

Delegates will understand:

- The diagnostic criteria for Autism and what this means for Occupational Therapists.
- The link between sensory processing and development of functional life skills such as toileting, eating, dressing, social participation.
- The subcategories and prevalence of sensory differences including hypo and hyper responsiveness in autism and praxis difficulties.
- Interoception and its role in self-regulation.

• Sensory Profiles – what are they, which ones to use, how to use them.

Delegates receive my own sensory profile to take away and use.

• Environmental screenings you can apply in schools. Delegates receive my own environmental survey to take away and use.

• Case studies – building our knowledge by including information gained from observations and sensory profiles.

**Book on via our website or email us at;
customerservices@trainingmadeeasy.org**



Training made easy

·The Person, Occupation, Environment (PEO) model and how sensory strategies fit into this

- What a sensory diet/lifestyle is and how to create this at home and at school?
- Opportunities to try out typical sensory equipment and consider how it can be used.
- Basic communication strategies for Autism (eg visual timetables, now and next boards).
- What is PDA and how should you alter your approach.
- Autism and masking- special considerations that should be made.

·The range of interventions that can be offered and the difference between sensory strategies / supports and sensory integration therapy.

·How to set up and use a sensory room.

·How to set up sensory circuits/movement breaks/movement activities and the difference between organising, calming and alerting activities.

Learning Outcomes:

Delegates will:

- Understand common sensory based problems of autistic children including modulation and praxis.
- Be able to understand how sensory processing links with functional skills, occupational performance and behaviour
- Have an understanding of tools that can be used to help.
- Understand the effects of using typical sensory equipment.
- Be confident in teaching schools to run simple sensory interventions including circuits.

With
Alison
Neal



Who Will Benefit?

This course is suitable for anyone wanting a basic awareness of the interventions an occupational therapist can offer autistic individuals.

Some knowledge of sensory processing is recommended before this course, such as my 1-day sensory awareness course as this level of knowledge will be assumed pre course.

This course has a paediatric focus but is also suitable for those working with autistic adults with learning disabilities.

**Book on via our website or email us at;
customerservices@trainingmadeeasy.org**

trainingmadeeasy.org



Training made easy