

**With  
Helen  
Byrne**

# **Recognition and Management of Frailty in the Acute Setting**

**Duration: 1 day**  
**CPD Hours: 7.5**  
**Format: Face to Face**  
**Fee: £120**  
**Location : Derby**



Helen is a specialist physiotherapist with over 20 years of clinical experience in the NHS, where she has worked across a diverse range of settings including acute care, community rehabilitation, and intermediate care services. Her clinical focus has consistently centred on supporting older adults, with expertise in frailty management, falls prevention, and promoting functional independence.

## **Overview:**

This one-day course is an opportunity to develop knowledge and understanding of frailty and how it can be recognised and managed within the acute setting. The course is particularly suitable for Physiotherapists; Occupational Therapists and support staff working with older people in the Emergency Department; Hospital wards and Inpatient Intermediate Care settings.

Alongside interactive teaching, this course will include case studies, clinical discussion and examples of evidence-based practice encouraging delegates to review and enhance their current practice for those living with frailty.

**Visit our Website or email to Book!**



Training made easy

**With  
Helen  
Byrne**

# **Recognition and Management of Frailty in the Acute Setting**



## **Course aims**

- To be able to define and recognise frailty
- To develop a greater understanding of the pathophysiology of frailty and sarcopenia
- To enhance skills in screening for and managing frailty in the acute setting, including how and why to use Comprehensive Geriatric Assessment
- To understand the impact of hospital admission on adults living with frailty
- To consider ways in which you can adapt, change or enrich your practice to better manage and prevent the progression of frailty within the acute setting

## **This course is suitable for**

Physiotherapists and Occupational Therapists working within the acute setting looking to initiate or enhance their understanding of frailty

**trainingmadeeasy.org**

**customerservices@trainingmadeeasy.org**



Training made easy