

**With
Heather
Salt**

Reflexology for Mental Health

Duration: 1 day
CPD Hours: 6.5
Format: Face to Face
Fee: £150



**Heather Salt, a therapeutic MAR clinical
psychologist and reflexologist**

Who is this course for?

This course is best for those working in clinical, care and residential settings where the techniques can be practically applied.

Key Learning Outcomes:

- To understand reflexology principles in practice
- To know when and when not to use reflexology
- Feel competent in writing a basic treatment plan
- To administer basic reflexology in a clinical setting alongside traditional rehabilitation
- To support the patient and family with ongoing reflexology rehabilitation

**Visit our Website to Book
or call 07599248215!**



Training made easy