Sensory Champion Training

Duration: 2 days
CPD Hours: 16
Format: Face to Face

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Overview:

This course follows on from the 1 day Sensory Processing Awareness & Sensory Champion Training (which is a prerequisite) and will certify you as a sensory champion.

Day 2 and 3 are here to help you extend your learning and build your toolbox of solutions and strategies. You will build on the knowledge gained in day 1, allow you to consider sensory difficulties in more detail and develop ideas to help in your clinical setting.

Course Aims:

The course will cover:

·Recap on the senses and the neurology behind sensory processing
·Modulation difficulties - what an over response/under response to sensations looks like and how these impacts on regulation.
·Praxis difficulties and their relevance to functional skills and regulation.
·Interoception and its importance in regulation and mental well-being.
·Window of tolerance, polyvagal theory, spoons theory, attachment and trauma - what's the link with sensory?
·Sensory Profiles – what are they, which ones to use, how to use them. Delegates receive my own sensory profile to take away and use.
·Environmental screenings you can apply in your workplace. Delegates receive my own environmental survey to take away and use.

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·Case studies – building our knowledge by including information gained from observations and sensory profiles.

·The Person, Occupation, Environment (PEO) model and how sensory strategies fit into this

·How to use simple strategies and adapt the environment to help your clients manage their sensory processing needs.

·Discussion on the range of interventions that can be offered and the difference between sensory strategies / supports and sensory integration therapy.

·The evidence base for sensory interventions.

The following will be tailored to the delegates clinical setting and may or may not be included.

·How to set up and use a sensory room.

·How to set up sensory circuits/movement breaks/movement activities and the difference between organising, calming and alerting activities.

Learning Outcomes:

Delegates will be equipped to:

- Understand the impact that sensory processing has on everyday life.

·Have a range of ways to gather more information about their client's needs.

- Use appropriate tools, including SSS assessments, to create an individual sensory profiles and environmental audits.
- Recognise the sensory challenges or barriers that inhibit function and engagement.
- Identify sensory strengths and understand their role in regulation and mental well-being.
- Have the practical knowledge and skills to make clinically reasoned choices about sensory informed strategies.
- Be able to champion sensory inclusion and meeting sensory needs within your clinical setting or organisation.

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Who Will Benefit?

This course is suitable for therapists who have little or no prior knowledge of sensory processing, doctors, nurses, psychologists, dieticians, speech and language therapists, social workers, and any other health professional who want to deepen their understanding from day 1 and become a sensory champion for their clinical field.

This course will not equip you to carry out a specialist sensory assessment or provide sensory integration therapy as these require substantial training at masters level. The masters level pathway is recommended if you want to develop specialist skills in SI. This course is an excellent way to prepare for that pathway.

This course is applicable across the lifespan.

Day 1 Sensory Processing Awareness Training available on our website

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