

With  
Erica  
Malcolm

# Posture and Balance as it Relates to Selective Control of the Lower Limb



**Duration: 2 day**  
**CPD Hours: 14**  
**Format: Face to Face**  
**Fee: £280**

**Erica Malcolm Consultant Physiotherapist Neurology**

## Overview:

These courses are for qualified therapists (Physiotherapist and Occupational Therapist) Specifically aimed at those working with neurological conditions but may be of interest to those working in other areas.

## Learning Outcomes:

- By the end of this course the participant should be able to:
- Understand the terms posture and balance as they relate to a 'normal movement' perspective.
  - Identify key aspects involved in maintaining the integrity of the lower limb in the early stages of recovery post CVA.
  - Relate the ability to control 'selective' movement of the lower limb to overall posture and balance.
  - Structure an assessment of the lower limb taking into account alignment, tone, patterns of movement, and relate this to potential for function.
  - Identify when a lower limb is/is not able to be facilitated and why.

### **SUGGESTED PRE -COURSE READING**

- Review the anatomy of the lower limbs and pelvis
- Review any gait analysis text of your choice

**Refreshments & Lunch are provided**

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Training made easy