

Posture and Balance as it Relates to Selective Control of the Lower Limb



Duration: 2 day

CPD Hours: 14

Date: 29 - 30 April 2026

Format: Face to Face

Fee: £280

Venue: The Great Northern

Erica Malcolm Consultant Physiotherapist Neurology

Overview:

These courses are for qualified therapists (Physiotherapist and Occupational Therapist) Specifically aimed at those working with neurological conditions but may be of interest to those working in other areas.

Learning Outcomes:

By the end of this course the participant should be able to:

- Understand the terms posture and balance as they relate to a 'normal movement' perspective.
- Identify key aspects involved in maintaining the integrity of the lower limb in the early stages of recovery post CVA.
- Relate the ability to control 'selective' movement of the lower limb to overall posture and balance.
- Structure an assessment of the lower limb taking into account alignment, tone, patterns of movement, and relate this to potential for function.
- Identify when a lower limb is/is not able to be facilitated and why.

SUGGESTED PRE -COURSE READING

- Review the anatomy of the lower limbs and pelvis
- Review any gait analysis text of your choice

Refreshments & Lunch are provided

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