# With Chris Tandy

### **Clinical Supervision**



**Duration: 1 day CPD Hours: 7.5** 

Date: TBC

Format: Face-to-Face or Online

Fee: TBC

#### **Overview:**

Clinical Practice is becoming increasingly more demanding across health and social care environments. The nature of this work can be stressful, complex, and often involves working with associated risk issues.

Those who work in health and social care, as part of their roles are required to utilise clinical supervision. health and social care workers often receive minimal clinical supervision training. Indeed, many workers receive no clinical supervision training at all and yet are expected to carry this out.

This one-day course offers a contemporary overview of clinical supervision. This may be a refresher for some, and for others, a helpful introduction to clinical supervision.

Who will Benefit

This course is relevant for all health and social care staff (professionally qualified and unqualified support care staff). The course will enable workers to recognise the importance of the clinical supervision process to support their practice, lifelong learning/development, and there own well-being.

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### **Key Learning Outcomes:**

- ➤ To employ supervision and reflective models to guide clinical supervision.
- To understand the roles and responsibilities of clinical supervision (of the supervisor and supervisee).
- To recognise the benefits of clinical supervision.
- To distinguish barriers to clinical supervision.
- To understand contracting, confidentiality issues and recording processes for clinical supervision.
- ▶ To utilise active listening skills and effective questioning techniques.
- To appreciate good practice tips for clinical supervision.
- To understand the different modes/formats for clinical supervision.

#### **Short Reviews**

'The best training that I have received since qualifying twelve years ago!'
'The trainer was excellent. I learned so much about clinical supervision'.
'Really enjoyed the session, the content was brilliant.'
'Didn't realise how much I didn't know about the clinical supervision process.
I've got some great tools now to take back to my practice'.

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