

**With NOI
Group -
Tim
Beames**

Mobilisation of the Neuroimmune System

 **noigroup**

**Mobilisation of
the
Neuroimmune
System**

Duration: 2 Days

CPD Hours: 15.5

Date: 31st may & 1st June 2025

Format: Face to Face

Fee: £365

Tim Beames MSc BSc MCSP, UK

Tim lives in London where he works in private practice and is co-founder of Pain and Performance, an organisation which focuses on the treatment of complex and persistent pain states and the provision of pain education for both the patient and health professional. Tim is also the principal instructor for NOI UK and teaches the Mobilisation of the Nervous System, Neurodynamics and the Neuromatrix, Explain Pain and Graded Motor Imagery courses throughout the UK, Europe and Australia. He is also co-author of the Graded Motor Imagery Handbook along with Lorimer Moseley, David Butler and Tom Giles.

Key Learning Outcomes:

- Provide a basic knowledge of neuroanatomy, neurodynamics, neuroimmunology and neuropathobiology related to the manual examination of the nervous system.
- Teach safe and effective diagnostic skills in the examination and interpretation of physical dysfunction of the nervous system.
- Present neurodynamic movements and techniques as antigenic.
- Provide new therapeutic narrative for explaining symptoms in conditions with altered neurodynamics.
- Deliver a deeper understanding of known, 'tough' clinical presentations such as chronic nerve root problems and persistent entrapment pathologies.

COURSE LOCATION

Dorset, United Kingdom

TIMETABLE

Day 1: 08.15 Registration | 09.00 – 17.00 Lectures

Day 2: 09.00 – 17.00 Lectures

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Overview:

Mobilise – to prepare, to awaken and to move.

NOI's classic, longest running course, Mobilisation of the Nervous System, has evolved. Based on the latest evidence, the course has been completely updated and re-written.

The immune system via its interaction with the nervous system is a critical player in learning, memory, movement and sensitivity. This new understanding integrates peripheral and central processes and targets therapy towards healthy neuroimmune balance.

This comprehensive lecture and hands-on course integrates the latest research on neurodynamics and neuroimmune science to provide a clinical reasoning framework to identify those patients who will benefit from neuroimmune mobilisation.

The course updates and refines the essential practical skills to examine and manage the physical health of the nervous system – skilled, safe and appropriately timed handling techniques are covered in detail during practical sessions.

Pre- requisites

This course is for health professionals and registered medical practitioners, physiotherapists, occupational therapists, clinicians with a 'hands-on' license.

To enhance your course outcomes, the following pre-reading is strongly recommended:

- Butler DS (2000) The Sensitive Nervous System, Noigroup, Adelaide. (Chapters 2-5)
- Nee RJ, Butler DS 2006 Management of peripheral neuropathic pain. Integrating neurobiology, neurodynamics and clinical evidence. Physical Therapy in Sport: 7: 36-49
- Yirmiya R, Goshen I (2011) Immune modulation of learning, memory, neural plasticity and neurogenesis. Brain, Behav, Immun 25: 181

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