



H.E.A.R.T WORKSHEET

TAKEAWAY: What is the one thing that stood out to you in this lesson?

Now, let's submit our H.E.A.R.T to the LORD:

H. What do you **hear** in this passage: information, application, or revelation?

E - What fruit, if any, can you **expect** to produce in your life based on this Word?

A - What **action(s)**, if any, do you need to take to cultivate the seed of this Word in your life?

R - Do you believe this Word enough for you to **rest** in it as truth you accept and, if necessary, can obey? If not, what hinders you?

T - Do you **trust** the Father with this Word even if things don't look like you want them to? If not, what hinders you?