



Meeting Note: Prayer  
(April 23, 2014)

These notes capture our April 23, 2014 meeting. We opened our meeting in prayer and then began our evening. Topic notes from the evening may not be in the order discussed during group, and they are not intended to cover everything discussed. They are intended as highlights to capture the essence of our evening. General notes follow each topic that was discussed.

**GOD'S GOAL for the Group:** For us to learn how to apply the Word to our lives.

**CURRENT VISION:** “The Year of Maturity: Learning how to hear with ears of faith that we may be doers of the word and not hearers only.” Scripture Reference: **Mark 4:24**.

**Memory Verse: Hebrews 4:12** – “For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart (NKJV).”

**Discussion: Prayer**

- **Preparing for our discussion:** Before we met, someone had looked up different types of prayer on the Internet. She found the following: agreement, faith (petition), consecration and dedication, praise and worship, intercession, and binding and loosing. Each of these types is based on examples of prayer in Scripture. We noticed some types she found are similar to what is listed in *Dressed to Kill*; some are not. The difference in the Internet list and what is identified in this study is, in *Dressed to Kill*, Renner defines the types of prayer based on the meaning of the Greek words translated as prayer or that relate to prayer. Differing approaches are why we find different lists that contain different types of prayers—some more, some less, some using different names.
- **Additional notes from our discussion on the types of prayer.** In addition to what's in the attached Teaching Notes, here are tidbits from our discussion:
  - **Prayer of Consecration.** We're putting ourselves on the altar and the sacrifice we're making is our heart!
  - **Prayer of Petition.** This prayer is a desperate cry for God to meet our need. It's like having a lifeline! We likened this prayer to the *Footprints* poem. When we have reached our end and need the Father to carry us, we need a prayer of petition, where we humble ourselves and cry out to God for help! With this prayer, we recognize His sovereignty and our helplessness. During this prayer, we sacrifice our ego, and we build our faith! **Takeaway.** During a pity party, we look inward feeling sorry for ourselves, but during the prayer of petition we look upward towards God!

- **Prayer of Authority (Faith).** This prayer is similar to a short lance! Because we are up close and personal with God, we can also be up close and personal to inflict great damage upon the devil! However, we have to be real with God before we start praying with authority, lest we find ourselves being corrected by God rather than defeating the devil!
- **Prayer of Thanksgiving.** This is an excellent way to “count it all joy” (James 1:2).
- **Prayer of Supplication.** This prayer reminds me of what I like to call a “Heavenly hug.” It’s a time of intimacy with God. I shared an excerpt from *Dressed to Kill* that particular spoke to my heart, especially in those times when I can see someone IS stuck:
 

“Especially when you are praying for others, you should stop for a moment and reflect on all that God has done in those individual lives. You will probably realize that, although they may still have flaws that are disturbing to you, they have made great progress from where they used to be. As you remind yourself of what God’s grace has already accomplished in the people you are praying for and how much they have changed, you will be able to freely, joyfully, and unreservedly thank God for His transforming work in their lives.” (p. 457)
- **Prayer of Intercession.** This prayer is like a long lance being hurled at the devil! However, since this prayer is about what the Holy Spirit does through us, He is the one doing the hurling! We are merely vessels!
- **Overall.** Prayer is like looking for the right key to the right door. **James** tells us we have not because we ask not or because we ask amiss (**4:3**). Therefore, knowing the purpose of each type of prayer helps us focus on how we should approach God in any given situation. For example, we petition God for help, but we take authority when we’re standing on God’s Word! Moreover, one type of prayer is not mutually exclusive from other types of prayers. In other words, we can use a combination of any or all of the types of prayer in any given situation. Ultimately, our faith as we pray is a catalyst to God’s power. Thus, our faith and expectation should be in what God will do and not in others! **Takeaway:** We need all six types of prayer to keep our heads on straight!
- **Outstanding questions.** At the end of our discussion, we had a couple of outstanding questions we didn’t really get a chance to explore. We’ll discuss these questions during our next meeting:
  - Under which type prayer would casting our cares fall?
  - Under which type of prayer does intercession, as we know it (praying for others), fall?

- **General discussion:**
  - **Being stuck:** We identified several reasons why we are or get stuck:
    - **Pride and being stubborn.** Sometimes, it's just our own pride and stubbornness that cause us to be stuck. We know what to do, but we choose not to do it. We get caught up in what other people are or are not doing, which blocks us from hearing and obeying the voice of the Lord. **Takeaway.** In any situation, we can hold onto our pride knowing God resists the proud, or we can walk in humility knowing God gives grace to the humble (**James 4:6**).
    - **Not being equipped.** This point sparked a good discussion, because is it that we're not equipped, we're not listening to what God is saying, or maybe a combination of both. **Takeaway.** Since we are tested on the Word we have been exposed to, is there ever really a time when we're not equipped? Something to ponder indeed!
    - **Not being ready.** We discussed how we have to be ready to move out of our own way. We asked what "ready" looks like. Part of that discussion included our lacking the confidence to KNOW we know what we know; that lack of confidence leads to fear and insecurity, both of which are paralyzing! **Takeaway.** Based on what I've learned during our armor study, it seems until the Word transforms our heart and renews our mind, we truly aren't ready to move forward, lest we be thoroughly ambushed by the devil!
    - **Being lazy and not pressing through.** Laziness can result from not being willing to press in and study on our own to gain understanding, giving up when understanding doesn't come quickly enough, or not making our spiritual growth a priority in our lives. **Takeaway.** We do what's important to us, and only we can do what it takes to get past our laziness.
    - **Overall Takeaway.** In some instances, we do have to allow the Word to transform our heart and renew our mind, but pride and laziness are within our control. Likewise, we have to know that we truly are always equipped, because the devil only seeks to steal the Word that we have heard! That's the principle of the wayside (Luke 8:12)!
  - **What's in our heart?** We discussed the importance of going back to what's in our own heart – those past victories where the Lord has proven Himself faithful – to sustain us during our trials. By recalling past victories we can encourage ourselves in the Lord, knowing what He did in the past, He will do again!

- **Wearing the armor.** Our putting on the whole armor of God is not a matter of praying a prayer, but of doing the things required of each piece: accepting truth for our belt, believing truth for our breastplate, obeying truth for our shoes, consistently walking in that obedience for our shield, renewing our mind for our helmet and being led by the Holy Spirit for our sword. However, the bottom line is, when we connect with God, He dresses us in our armor! We just have to make sure we do the things needed not to take it off! For without Christ, there is no armor to put on!
- **Final thought:** In true spiritual warfare, we have to understand, the weapons WILL form, but they do not prosper!

**Preparing to Close out the Armor Study:** This study is but a small highlight of all that is discussed in *Dressed to Kill*, by Rick Renner. For a deeper understanding of spiritual warfare, I strongly encourage anyone who has participated in or followed this study to also read the book! These studies are like cliff notes; they only tell the highlights. The book contains the rest of the story! Therefore, please consider reading and gleaning from *Dressed to Kill*, as there's no telling what the Holy Spirit will speak in the process!

**Next Meetings:** We were originally scheduled to take May 7<sup>th</sup>, 14<sup>th</sup>, and 21<sup>st</sup> off; however, we will now be meeting on May 14<sup>th</sup> and May 21<sup>st</sup>. We will not meet on May 7<sup>th</sup>!

**Closing:** We closed our meeting in prayer with a time of need-specific prayer for the challenges that were lifted up, for the group overall, and as the Holy Spirit led.

*If you have questions, comments, or concerns about information contained in this document, or would like to be added to or removed from the email distribution for the meeting notes, please email us at [wow2@wow2women.com](mailto:wow2@wow2women.com) or complete a Contact Form on our site [wow2women.com](http://wow2women.com).*



Meeting Note: Prayer  
(April 23, 2014)

## TEACHING NOTES FOR APRIL 23, 2014

### Discussion Topic: Prayer<sup>1</sup>

- **Scripture: Ephesians 6:18** – “praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplications for all the saints” (NKJV) (underline added).
- **Overview:**
  - **Why is prayer considered a part of the armor?** In his book, *Dressed to Kill*, Rick Renner states, “Although [most commentators and expositors] agreed that the Roman soldier had seven pieces of weaponry in his suit of armor, they all said Paul’s list of armor was incomplete, stopping short of mentioning one more weapon – the Roman soldier’s *lance*.” Renner, however, considered the lance the seventh piece of armor, thereby allowing us to put on the whole armor of God. **Takeaway.** If we are to put on the whole armor of God, we need prayer to have our seventh piece!
  - **Understanding the lance.** Like the sword, there were different kinds of lances with different functions. “The smaller, shorter lances were used for gouging and thrusting at an enemy up close, whereas the longer lances were used for hurling at an enemy from a distance...Most Roman soldiers carried both lances, short and long.” **Takeaway.** Just like there were different types of lances used for different purposes, there are different types of prayer available to us.
  - **Linking prayer to our shield of faith.** When we studied the shield, we learned the shield consisted of six tightly woven layers. We concluded each layer in the shield represents an individual armor piece and prayer is “how the six layers are ‘tightly woven’ together.” Thus, in our prayer time we should be “focused on truth, righteousness, peace, faith, salvation, and hearing from the Spirit of God.”<sup>2</sup> **Takeaway:** Praying with the right focus helps us keep our armor on!
- **Types of prayer:** Prayer is considered an offensive weapon. Renner identifies six different types of prayer; “each type serves a different purpose and is necessary for the life of faith.” Key points for each prayer are listed:

---

<sup>1</sup> All quotes are from Rick Renner, *Dressed to Kill: A Biblical Approach to Spiritual Warfare and Armor*, (Tulsa: Teach all Nations, 1991), Chapter Sixteen.

<sup>2</sup> Meeting Notes, *Shield of Faith – What it Does*. (July 25, 2013). Retrieved from <http://wow2women.com/meeting-notes.html>.

- **Prayer of Consecration** (*proseuche*) (G4335).<sup>3</sup> (Occurs 127 times in the NT). Used in Ephesians 6:18, “Praying always with all prayer...” (underline added). **Overall meaning:** *face-to-face wish, desire, prayer, or vow*. An example of this type of vow is in 1 Samuel, 1:11,19-20 (Hannah and Samuel).
  - “This type of prayer should bring us *face to face* and *eyeball to eyeball* with God in an intimate relationship”
  - “The idea of *sacrifice* is also associated with this word for ‘prayer.’”
  - “This particular word for prayer points to a place of decision and consecration – an altar where we freely vow to give our lives to God in exchange for His life.”
  - It is the “act of surrender, consecration, and thanksgiving.”
  - **Overall idea.** “Come face to face with God and surrender your life in exchange for His, consecrating your life on an ongoing basis. And be sure to give Him thanks in advance for moving in your life.”
  - **Application.** This can basically be an “if-then” type prayer. “God if you grant my request, here is my vow to you!” Thus, the question becomes, “What will we sacrifice to God to dedicate ourselves to Him in the hopes of our prayer being answered?” A personal example of this type of consecration might be when I diligently sought God by doing things I had never done in the hopes that He would reward me with inner peace! Essentially, my if-then vow was, “God if I step up my game by doing things I’ve never done before to seek you, I’m asking that You will heal the hurt in my heart!”
  - **Takeaway.** *Proseuche* (the prayer of consecration) relates to our **surrender** to God!
- **Prayer of Petition** (*deesis*). (G1152) (Occurs 40 times in the NT). Used in Ephesians 6:18, “Praying always with all prayer and supplication ...” (underline added). **Overall meaning:** a heartfelt prayer of humility to get our basic spiritual needs and wants met. An example of this type of prayer is in Hebrews 5:7, “Who in the days of His flesh [Jesus] offered up prayers and supplications ...” (underline added).
  - “Almost always portrays a cry for help. A person praying this kind of prayer appeals to God from a position of humility as he or she asks God to grant some kind of special petition – such as a request for spiritual power to minister, for strength to resist temptation or to

---

<sup>3</sup> The number for all Greek words comes from Strong’s Concordance for the iPhone version 1.5.3, Copyright © 2009 Brian Thomas Webb

be sustained in a crisis, etc.”

- “The prayer of petition is therefore prayer that exposes a person’s insufficiency and his continual need for God.”
  - **Overall idea.** I know I am beyond what I can do in and of myself, and I am humble enough to recognize my need for God!
  - **Application.** When we say, “I’m tired,” that’s a good time to humble ourselves, forget what we think we know, and lift up a prayer of petition to the Lord asking for Him to meet our need.
  - **Takeaway.** While *proseuche* (consecration) relates to our surrender to God, *deesis* (petition) relates to our **humility** before God to get our intangible needs met: spiritual, mental, and emotional.
- **Prayer of Authority (or the Prayer of Faith) (*aiteo*).** (G154) (Occurs 80 times in the NT). **Overall meaning:** “to ask” or “demand” for our *tangible* needs (food, shelter, money) to be met. An example of this type of prayer is in John 15:17, “If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you” (underline added).
- This type of authority only comes from abiding in Jesus, so that our petitions align with His will.
  - “By allowing God’s Word to take an authoritative role in your heart and mind, you are giving the Word the freedom to transform your thinking. And the more that your mind is renewed to God’s Word, the more your prayers will be in accordance with His plan for your life.”
  - “When you have stored in your heart a strong foundation of accurate knowledge based on God’s Word, you can be very bold and courageous in your prayer life.”
  - “The prayer of authority has to be align with God’s will” [as it is written in His Word].
  - **Overall idea.** God will fulfill His Word, and He is more than okay with us coming boldly before the throne of grace to obtain mercy and grace to help in our time of need (Hebrews 4:16). In that boldness, we have the authority to pray His Word, reminding Him of what He has promised us!
  - **Application.** Imagine how a young child will remind a parent of what they said. This is what the prayer of authority looks like. Be assured of what God said and that He will do what He said! We’re

just letting Him know we agree with what He said and we haven't forgotten He said it!

- **Takeaway.** While *deesis* (petition) relates to our surrender to God or our intangible needs, *aiteo* (authority) relates to our tangible needs: food, shelter, money, etc. However, the key point is for us to abide in God and His Word to abide in us so we can ensure we are praying according to His desires and not our fleshly ones! In our abiding, we can be **bold** in our prayers, taking back ground the devil has stolen!
- **Prayer of Thanksgiving** (*eucharistia*). (G2168) (Occurs 15 times in the NT). **Overall meaning:** “*Wonderful feelings and good sentiments that freely flow out of the heart in response to something.*” An example of this prayer is in Ephesians 1:16, “do not cease to give thanks for you” ... (underline added).
  - “A spirit of thanksgiving should play a dominant role in our lives.”
  - Thank God for the changes we do see in others rather than complain about what we don't see.
  - **Overall idea.** Thanksgiving keeps our hearts open to hearing from the Holy Spirit, so rather than complain about what isn't, thank God for what is EVEN before we have what we want! In the process of giving thanks, the desires of our heart may change to align with God's desires, creating those “*wonderful feelings and good sentiments that freely flow out of the heart in response to something.*”
  - **Application.** When we pray, thank God in advance for answering our prayers according to His plan for our lives, and when God answers prayers, thank Him again for the answered prayer!
  - **Takeaway.** When we enter His gates with thanksgiving and His courts with praise (Psalm 100:4), there is little room for complaint! Thus, **gratitude** is the essence of *eucharistia* (thanksgiving).
- **Prayer of Supplication** (*enteuxis*). (G1783) (Occurs 5 times in the NT). **Overall meaning:** Although translated as intercession, though not for others, this word actually relates to enjoying fellowship with the Lord.
  - “The word *enteuxis* denotes a wonderful, intimate form of prayer whereby we learn to come before God in childlike faith to freely express ourselves and our desires and to unreservedly enjoy His wonderful presence.”
  - “... refers to those special times in prayer when God by His Spirit



showers us in love and fills us with the knowledge of His life-transforming acceptance.” Examples of this prayer are in Romans 11:2, 1 Timothy 2:1, and 1 Timothy 4:5.

- “One expositor has said that this prayer is prayer in its most individual and simplest form.”
  - “Used to depict a love relationship between two lovers – two individuals who had happened upon each other – who had found or discovered each other – and now were sharing their lives together.”
  - **Overall idea.** This is a time to share our heart with Daddy God as a child shares her heart with her parent.
  - **Application.** This prayer sounds like times I refer to as crawling up in Daddy God’s lap to love on Him and be loved by Him. I openly share my heart with Him, holding nothing back, and allowing Him to speak to me as only He can!
  - **Takeaway.** *Enteuxis* (supplication) is a time for being naked and unashamed before the Father just as Adam and Eve started out naked and unashamed in the Garden. At the heart of this prayer is our **love** relationship with the Father!
- **Prayer of Intercession** (*huperentugchano*). (G5241) Used only once in Romans 8:26, and is used “in connection with the Holy Spirit.” **Overall meaning:** the Holy Spirit praying through us.
    - “...intercession [that’s] not an intercessory work we do, but a work that the Holy Spirit does *on our behalf*.”
    - “It speaks of those times when the Spirit of God supernaturally joins us in our circumstances, shares our emotions, and frustrations, and then begins working a plan that will ultimately get us out of that mess!”
    - “The true intercessory ministry of the Holy Spirit occurs when you are at a loss for words and don’t know how to pray. Suddenly and supernaturally, the Holy Spirit falls into that place of helplessness and joins with you in the rhythm of prayer.”
    - “...the purpose of intercession is so you can be *rescued, renewed* and *delivered* from the predicament you are facing.”
    - “...it is when we finally recognize our own human weakness that we begin to open our hearts and souls to this intercessory ministry of the Holy Spirit.”

- “...the moment we come to grips with our need for supernatural assistance – the moment we open our hearts to the Holy Spirit and cry out for His help – we liberate Him to release His power on the inside of us.”
  - **Overall idea.** The prayer of intercession involves us being a willing vessel through which the Holy Spirit can pray.
  - **Application.** This is when the Holy Spirit is the One doing the talking—not us! It appears this prayer can be accomplished through words we understand or through the gift of tongues. If you’ve ever heard yourself praying and not really knowing where it’s coming from, that’s the Holy Spirit praying through you!
  - **Takeaway.** During *huperentugchano* (intercession), we are a **vessel** through which the Holy Spirit prays so He can *rescue*, *renew*, and *deliver* us from the mess we are in!
- **Summing it all up: The ultimate purpose of prayer is** to cross from the physical word into the spiritual realm to meet God. Whether it’s with a prayer of consecration where we are having a face-to-face moment with the Lord to surrender our will to His, a prayer of petition where we are calling out for the Holy Spirit to help us, or even a prayer of intercession where we are a vessel for the Holy Spirit to prayer through us, **all prayer** should align our hearts and our minds with the Word of God and the Spirit of God.
- **Spiritual Warfare in a nutshell:**
  - “Real spiritual warfare has to do with taking authority over your mind and your flesh, as well as taking authority over the works of darkness.”
  - “If you are living a holy and consecrated life, the bulk of spiritual warfare in your life has already been settled. To deal with the other attacks that the enemy brings against you, you must learn to apply the Word of God on a daily basis to the circumstances you face.”



**ATTACHMENT: Types of Prayer**

<b>TYPE</b>	<b>PURPOSE</b>	<b>EXAMPLE</b>
Consecration	Surrender	1 Samuel 1:11, 19-20; Ephesians 6:18
Petition	Humility	Hebrews 6:7 James 5:17 2 Corinthians 8:4 1 Thessalonians 3:10
Authority (Faith)	Boldness	John 15:7 1 John 5:14-15 Ephesians 3:20 James 1:5-6 1 John 3:22
Thanksgiving	Gratitude	Ephesians 1:16 Colossians 1:3 1 Thessalonians 1:2 1 Thessalonians 5:18 2 Corinthians 4:15 2 Corinthians 9:11-12 Philippians 4:6 Colossians 2:7 Colossians 4:2 1 Timothy 4:3-4 Revelation 7:12
Supplication	Love	Romans 11:2 1 Timothy 2:1 1 Timothy 4:5
Intercession	Vessel	Romans 8:26