



Meeting Notes – Spirit Check (July 9, 2014)

These notes capture our July 9, 2014 meeting. We opened our meeting in prayer and then began our evening. Topic notes from the evening may not be in the order discussed during group, and they are not intended to cover everything discussed. They are intended as highlights to capture the essence of our evening. General notes follow each topic that was discussed.

GOD’S GOAL for the Group: For us to learn how to apply the Word to our lives.

CURRENT VISION: “The Year of Maturity: Learning how to hear with ears of faith that we may be doers of the word and not hearers only.” Scripture Reference: **Mark 4:24.**

Memory Verse: Hebrews 6:1 – “Therefore, leaving the discussion of the elementary principles of Christ, let us go on to perfection, not laying again the foundation of repentance from dead works and of faith toward God” (NKJV).

Review: We conducted a brief review of The Upper Room Experience. During our review, we revisited Jeremiah 4:3 (NET): “Yes, the Lord has this to say to the people of Judah and Jerusalem: “Like a farmer breaking up hard unplowed ground, you must break your rebellious will and make a new beginning; just as a farmer must clear away thorns lest the seed is wasted, you must get rid of the sin that is ruining your lives” (underline added). Here are some key points from our review:

- **What is the seed?** God’s Word.
- **Thorns.** We drew the correlation between thorns in Jeremiah and the parable of the sower and the seed. In the parable, when the seed falls on thorny ground, the cares, riches, and pleasures of life choke out the Word (Luke 8:11-15).
- **Fruit.** We discussed, at the very least, when the Bible talks about producing fruit, that can mean the fruit of the Spirit.

Discussion Topic: Spirit Check

- **Individual visions:**
 - **Where we are.** We each shared where we see ourselves in the soils in relationship to our individual vision. In addition, we identified why we are there. For example, those in thorny ground had to identify what is choking out the Word: cares, riches, or pleasures of life.
 - **Good ground.** We originally said, once we get to good ground on our vision, it’s time for a new one. However, during our discussion, we discovered there are times we need extra time in good ground to bring

fruit to maturity. As one person shared, one of her visions lasted two years, because she needed time for her heart to catch up with her actions!

- **New Memory Verse:** As we prepare to wrap up our study on the armor, our new memory verse is Hebrews 6:1, which will guide us when we study Proverbs. During our armor study, we learned wisdom helps us move the Word in our heart to our feet, so we can take action. Thus, our expectation while studying Proverbs is to gain godly wisdom and learn what dead works look like.
- **Group vision:** We used the core values from our original vision document (attached) to provide direction for our accountability relationships.
 - **Accountability.** We looked at how God defined accountability and what that definition might look like. For accountability to exist, we need to have conversations outside of group; however, frequency and activities are up to those involved. **Vision.** Conversations need to happen outside of group, trust needs to be established through those conversations, and we need to be open to correction.
 - **Transparency.** We should regularly update our accountability partner on where we are. However, that does not negate checking on someone who is accountable to us whenever we feel led. For example, whenever I have progress with my vision, I update those to whom I'm accountable, but there are times when they will check on me. **Vision.** Regularly update our accountability partner rather than wait on them to check on us.
 - **Intimacy.** We didn't discuss intimacy in detail, but we did discuss some concerns with being able to open up to others. Hopefully, as we grow in transparency, the intimacy will follow. **Vision.** For transparency to cultivate intimacy.
 - **Confidentiality.** Some are okay if we need to share something with our accountability partner to get their help; others are not. Consequently, we have varying levels of comfort for what our accountability partners can share with others in the group. **Vision.** Know and respect the comfort level of those accountable to us.

Homework Assignment: Learn the memory verse.

Next Meeting: We will finish our Spirit Check during our next meeting

Closing: We closed our meeting in prayer with a time of need-specific prayer for the challenges that were lifted up, for the group overall, and as the Holy Spirit led.

If you have questions, comments, or concerns about information contained in this document, or would like to be added to or removed from the email distribution for the meeting notes, please email us at wow2@wow2women.com or complete a Contact Form on our site wow2women.com.



ATTACHMENT: ORIGINAL VISION DOCUMENTⁱ

VISION: A bible-based, practical application journey through the word of God

PURPOSE: To create an atmosphere that fosters transparency, discipleship, and the outpouring of God's love

MISSION: To bring women of God together in an atmosphere that affects change in us, so we may impact others

GOAL: To disciple women of God in the practical application of God's word

MOTTO: To be doers of the word and not hearers only

CORE VALUES: These are our core values. They are held together by love and commitment – for and to God and each other

- **ACCOUNTABILITY:** We allow others to speak the truth of God's word into our lives, making the necessary adjustments in our lives to live out our motto
- **TRANSPARENCY:** We are open with those we have made ourselves accountable to, so they can affectively minister to our needs
- **INTIMACY:** We will allow our transparency to create an environment of intimacy where we allow our sisters in Christ to "in-to-me-see"
- **CONFIDENTIALITY:** We will hold dear to our hearts the things our sisters share with us to foster an environment of trust to maintain our transparency and intimacy

ETIQUETTE REMINDER: Let everything you do and say be tempered by mercy, compassion, and love.

ⁱ Many of the principles contained in this document have been captured on the website; however, this document provides the definitions for our core values, which are not found elsewhere. This document can also be found under Group Documents on the Documents page of the website: <http://www.wow2women.com/documents.html/>.