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## MEETING NEWSLETTER

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### Night of Prayer

Welcome to WoW<sup>2</sup>, Women of Worship, Women of Witness. This newsletter captures topics discussed during our meeting on May 26th. The newsletter may not capture everything, and the topics may not be in the exact order discussed. The newsletter is intended to capture key points from our evening together, with like topics being grouped together for convenience. We hope you are blessed as you join us on our journey.

**CURRENT VISION: Thriving in the Wilderness. We will cultivate** a safe place to grow in a peaceful environment by preparing the soil of our heart to receive and respond to God's guidance, anchoring ourselves in the Holy Spirit. **We will operate** according to the established guidelines of our group, all of which will bring to light the changes we need to make in our lives, so we can gain the nourishment necessary to grow as individuals and as a group.

**Thriving**, while in the Wilderness, **will be the outcome of our growth.**

#### TOPICS DISCUSSED:

**Welcome:** We officially welcomed another one of our sister's back home.

**Night of Prayer:** Below are the nuggets that came from our Night of Prayer

- **The Avengers.** In welcoming our sister back into our midst, we said the original Avengers are reunited! Each one of us chose our Avenger name! This is especially appropriate, since the Avengers do their best when working as team and so do we!  
**Takeaway.** Through our Zoom meetings, we have people attending small group from other states; therefore, we have a widespread net!
- **Prayer time:** Since we were on Zoom, we each set our watches to reassemble at a specific time. Below are some of the nuggets from the evening.
  - **Thankfulness.** We were very thankful for God making it possible for our sister to return to small group. Reflecting on His grace and mercy led to also thanking Him for His faithfulness, trusting Him to do whatever needs to be done

to bring glory, honor, and praise to His name. We also shared the importance of thanking Him and repenting before Him, before we come into His presence, so we can have a heart of repentance and a humble spirit before Him.

- **Worship You in the beauty of holiness.** This led to 1 Chronicles 16:29, Psalm 29:2, and Psalm 96:9. To make a long story short, several key words and phrases stood out. The bottom line is we are to give the Lord the glory due His name through offerings and worship, with worship meaning to “bow down.” In looking up the word “name,” in 1 Chronicles 16:29, the definition yielded these words: “position,” “honor” “authority,” and “character.”<sup>1</sup> **Takeaway.** Worshipping Him requires being humble before Him, so we can walk in His righteousness and His holiness. That means we have to put our armor down, so we can put on His, for His armor is our stronghold! However, trying to wear His armor and ours causes us to struggle.
- **Humility.** A few of us mentioned the need for humility. In addition, Luke 22:27 describes the position of being a servant. **Takeaway.** One cannot serve without humility.
- **R.E.S.T.** While sitting quietly, the word “rest” was heavy on my heart, so I sat with it. I began to ponder the individual letters R.E.S.T. Eventually, the words Rest, End, Stop, Trying came to mind. **Takeaway.** When we reach our end and stop trying, that’s when God can move!
- **Psalm 29:8.** A previous verse (not sure which one) led to Psalm 29:8. Seeing the word “wilderness” was a reminder of a few things. One, as a group, we are in the wilderness, but we don’t consider that a bad thing, because we are here to worship Him. In addition, the word “Kadesh” is the place where the Israelites wandered in the wilderness, until God told them it was time to move.<sup>2</sup> **Takeaway.** We’re at Kadesh, on the edge of the Promised Land. As His voice continues to speak into our lives, there’s going to be some serious breakthrough.

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<sup>1</sup> Strong’s with KJV Bible App, H8034.

<sup>2</sup> Shirer, Priscilla Shirer. *One in a Million: Journey to Your Promised Land*, Nashville, B&H Publishing Group, 2010. Kindle, Chapter 13: Oasis of Complacency.

- **Repetition.** This is a time of repetition, so stay in the house [in God’s presence], and be obedient, prayerful about all things instead of getting upset and anxious, because if we stay in God’s presence, we can overcome anything. However, what happens, is our cup gets full, so we leave Him! But, to stay in His presence is to stay in His covering. **Takeaway.** Don’t walk away when our cup gets full! And, don’t run, because if we run away from Him with a full cup, we are bound to spill it, causing us to create our own mud and slip in the mire!
- **“Peace, be still.”** In studying the shoes of peace, Philippians 4:6-7 came to mind. The fruit of examining the verse was when we have God peace locked in our life, it will become our guard and protection. His peace in us is what helps us not be moved. This was a flashback to something we learned in the Armor of God study by Priscilla Shirer.<sup>3</sup> Thanksgiving leads to peace. When we trust God, that leads to gratitude, and being thankful leads to our having His peace! Because we trust Him is why we’re thanking Him in the first place! **Takeaway.** Peace is not only our guard, but it’s also our shoes! For there are times we have to move forward and advance against our enemy. **Takeaway.** We need peace in order to persevere.
- **Trends.** Our specific trends from the lesson became very prevalent; however, feeling like there was more led to an online article on “Peace, Be Still.”<sup>4</sup> The weird thing is the article was dated, January 3rd. We were meeting on January 3rd, and for some reason, I started to write January instead of June for the date on the Notes!
- **Isaiah 57 and 58.** Peter walking on the water led to Isaiah 57:20: “But the wicked are like the tossing sea; for it cannot be quiet, and its waters toss up mire and dirt” (ESV). In looking up the definition of “mire,” as a noun, it means, “a situation, but as a verb, it means “stuck in the mud!”<sup>5</sup> This led to the thought of Peter giving way to the “wickedness” around him. By continuing to read, the

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<sup>3</sup> Shirer, Priscilla Shirer. *The Armor of God*, Nashville, LifeWay Press, 2018, p. 111.

<sup>4</sup> McMehamin, Cindi. “What Does ‘Peace, Be Still’ Really Mean For us Today?” *Crosswalk.com*, 3 Jan 2020, <https://www.crosswalk.com/faith/spiritual-life/how-do-i-really-embrace-peace-be-still.html>.

<sup>5</sup> Define “mire” google search.

next chapter discussed God's true way of fasting and praying, which includes to humble ourselves, praying with a spirit of humility. Seeing the verses on praying and fasting were important, because this has been a recurring theme for the last month or so. **Takeaway.** It's important to understand what it means from God's perspective to fast.

- **The soil of our heart.** It takes a decision about what soil the Word will fall on. **Takeaway.** When we ask God to give us Scripture to stand on, He will! But, we have to decide for it fall on good soil.
- **Zeal.** Zeal means, "great energy;" we are to take zeal into our repentance through prayer and fasting. We can move forward in His power and change what's around us.
- **Isaiah 59:14-15.** These verses were particularly relevant in light of all the protests over the injustices of racism taking place all over the world after the death of yet another black man.
- **Spirit of fear.** God has not given us a spirit of fear, but of power, love, and sound mind.<sup>6</sup> The word "power" stood out, and it means, "the capacity or the ability to direct or influence the behavior of others or a course of events."<sup>7</sup>

**Song(s) for the week:** "Rescue," by Lauren Daigle  
(<https://www.youtube.com/watch?v=gYR0xP1j4PY>).

**Homework Assignment(s):** Complete the revised Lesson.

**Next Meeting:** Our next meeting will be on Wednesday, June 10th, via Zoom.

**Closing:** We closed our meeting in prayer with a time of need-specific prayer for the challenges that were lifted up, for the group overall, and as the Holy Spirit led.

*If you have questions, comments, or concerns about information contained in this document, or would like to be added to or removed from the email distribution for the meeting notes, please email us at [wow2@wow2women.com](mailto:wow2@wow2women.com) or complete a Contact Form on our site.*

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<sup>6</sup> 2 Timothy 1:7

<sup>7</sup> Define "power" Google search.