
MEETING NEWSLETTER

I See Me, cont.

Welcome to WoW², Women of Worship, Women of Witness. This newsletter captures topics discussed during our meeting on July 14th. The newsletter may not capture everything, and the topics may not be in the exact order discussed. The newsletter is intended to capture key points from our evening together, with like topics being grouped together for convenience. We hope you are blessed as you join us on our journey.

CURRENT VISION: Thriving in the Wilderness. We will cultivate a safe place to grow in a peaceful environment by preparing the soil of our heart to receive and respond to God's guidance, anchoring ourselves in the Holy Spirit. **We will operate** according to the established guidelines of our group, all of which will bring to light the changes we need to make in our lives, so we can gain the nourishment necessary to grow as individuals and as a group.

Thriving, while in the Wilderness, **will be the outcome of our growth.**

TOPICS DISCUSSED:

Lesson 9 – I See Me: We continued working on this lesson:

- **Soil Check.** We each shared where **Proverbs 4:23** fell on our heart. In that discussion, we added how we do things (what we choose to do AND how we do it), flows from our heart. Moreover, since we don't live in a vacuum, the things in our heart that need healing overflow and hurt others! And, once we have time to think about how we responded, if we refuse to acknowledge and repent for our actions, we can suffer spiritual consequences. Last, but not least, all of us believed this Scripture to be true, because we've seen it play out in our lives. **Takeaway.** Not only do some of life's consequences flow from our heart, but what flows from our heart can also hurt others! And, if we don't repent, when led by Holy Spirit, it can impact our relationship with God!
- **Our takeaway from the lesson.** We each shared our "one thing," we took away from this particular lesson. We specifically discussed the destructive nature of anger; how

the little things pile up, so when the straw breaks the camel's back, it becomes a huge distraction, which can deafen our ears to hear from the Lord and impact our relationship with Him. Additionally, we discussed how sometimes we're more ready to receive from Scripture than we think we are! This brought up a sermon by Pastor Evans, where he shared the Lord ACTS when we ACT! For example, Joshua had to put his foot in the water before the water parted. Sometimes, we're waiting on the Lord, and He's waiting on us to take that leap of faith!

- **H.E.A.R.T.** For our H.E.A.R.T acronym, we mostly focused on forgiveness.
 - **Hear.** We talked about forgiving. We discussed how we realize God works everything for our good (Romans 8:28). We want to be in the place of "Lord, Your will be done, and not my own." We discussed a very good analogy of an eagles with his talons in concrete. The concrete represents the strongholds we hold onto. For instance, when we say it's hard, what is it we don't want to let go of? Moreover, what familiar spirits are we dealing with? We also discussed how wanting praise for what we do and sympathy in our circumstances opens the door for the devil.
 - **Expect.** The same way God's forgiven us, we're to forgive others. Since He has forgiven us, we are to "pay it forward" and forgive others.
 - **Act.** Spending time with the Lord and studying forgiveness can help us act on what we heard.
 - **Rest and Trust.** Nothing specific was stopping us from resting or trusting in what we heard.
- **Scriptures.** We looked at Romans 5:8, 1 John 5:11, and Nehemiah 8:10.
- **Other nuggets.** Just like our praise for our children encourages them and gives them strength, the Lord helps us progress when He sees how happy our progress makes us. Moreover, He gets joy from helping us the same way we get joy from helping our children.

Songs for the week: “Love God Love People,” by Danny Gokey:

(<https://www.youtube.com/watch?v=t-29WLQ3trA>).

Homework Assignment(s): Finish Lesson 9

Next Meeting: Our next meeting will be on Tuesday, July 21st, via Zoom.

Closing: We closed our meeting in prayer with a time of need-specific prayer for the challenges that were lifted up, for the group overall, and as the Holy Spirit led.

If you have questions, comments, or concerns about information contained in this document, or would like to be added to or removed from the email distribution for the meeting notes, please email us at wow2@wow2women.com or complete a Contact Form on our site.