



Some Vision Training Essentials

Thank you for opening our latest newsletter. In this weeks' newsletters we point you toward some interesting articles and introduce you to some of our products that you may not realize we can supply. We hope these articles are useful to you and that you gain something you can use with your players.

The first article introduces you to a couple timing drills.

Our second article stresses and includes an amazing display of quickness and hand-eye coordination.

The third article talks about Jed Lowrie's hitting philosophy.

Howell To Sports began more than 20 years ago distributing training products for coaches, parents and players. It was our goal to help players improve and help parents to be able to take an active role in that improvement. Since then, we have narrowed our focus and now we offer vision training and velocity improvement equipment.

In the last few years we have added some very unique equipment. Check out 3 of our favorite training tools:

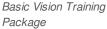
- The Senaptec Strobe Training Goggles
- Our Basic Vision Training Package
- The Juggle Stick

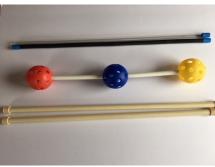
Stay tuned for an announcement in the coming weeks. We are going to be offering a couple very unique products in the near future and we know you won't

want to miss them.

Finally, we hope you read the articles we included in this newsletter and maybe check out our blog and website. Thanks again for your support and readership.







Juggle Stick



Senaptic Strobe Training Goggles

Check Out Our Other Products!









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