



Articles And Products To Help You Succeed

Thank you for opening our latest newsletter. In this weeks' newsletter we point you toward some interesting articles and talk to you about a couple products associated with these articles.

Our first article shows you that, [for the Cleveland Indians, fly balls are good.](#)

In our second article you can [look at some swings by an all time great, Ted Williams.](#)

The third article talks give you [a list of studies from Coop DeRenne](#)

The final article [gives you reasons why you should use overload/underload training](#)

We appreciate you reading our articles. If you have any questions on overload/underload training or are interested in getting started with a specific plan for you or your team please give us a call.

Check out our [make us an offer page](#) to get some of our products at a GREATLY reduced price. If you have any questions please don't hesitate to call us at 856-381-8888 or e-mail us at sales@howelltosports.com

Finally, we hope you read the articles we included in this newsletter and maybe check out our [blog](#) and [website](#). Thanks again for your support and readership.

You Can Check Out Our Website Here!



©2018 Howell To Sports | 322 Friendship Rd, Clarksboro, NJ 08020



Powered by
GoDaddy Email Marketing®