



## Training Is In Session

Thank you for opening our latest newsletter. In this weeks' newsletter we point you toward some interesting articles and talk to you about a couple products associated with these articles.

Our first article talks about [the athletic ability of collegiate baseball players](#).

In our second article [establishes the viability of stroboscopic training](#).

The third article is an [interview with Alex Bregman about hitting](#).

The final article is a [great article on pitch movement, spin and more](#).

We appreciate your reading our articles. If you have any questions on vision training or are interested in getting started with a specific plan for you or your team please give us a call.

Check out our [make us an offer page](#) to get some of our products at a GREATLY reduced price. If you have any questions please don't hesitate to call us at 856-381-8888 or e-mail us at [sales@howelltosports.com](mailto:sales@howelltosports.com)

Finally, we hope you read the articles we included in this newsletter and maybe check out our [blog](#) and [website](#). Thanks again for your support and readership.

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# Some Of Our Featured Vision Training Products



*Senaptec Strobe Training Goggles*

As an athlete, the strobes take your training to another level. The curved liquid crystal lenses provides a full 180 degree field of view allowing users to enhance their visuals skills in the training room, or on the field of play! Improve balance, anticipation, and reaction to gain the competitive edge! These are a must own training aid for any therapy room or athletic training center!

This vision product is designed to improve tracking ability, depth perception and fine focus. It can be used alone, with a partner or in a group. The ring is tossed back and forth with the object to catch the correct colored ball. It will definitely improve your "sports vision". Four colorful poly-balls evenly spaced on a durable plastic ring. You use it by lightly tossing the Vision Ring up in the air, if practicing alone, or back and forth, if with another player. Concentrate on catching one of the four balls, not the ring, using either two hands or one



*Progressive Vision Ring Set*

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