



## Products That WORK At A Low Price!

Thank you for opening our latest newsletter. In this weeks' newsletter we point you toward some interesting articles and talk to you about a couple products associated with these articles.

Our first article talks about knowing when NOT to swing.

In our second article talks about the importance of being on plane.

The third article demonstrates the benefits of feedback during a training session.

The final article talks about weighted bat training.

We appreciate your reading our articles. If you have any questions on vision training or overload/underload training and are interested in getting started with a specific plan for you or your team please give us a call.

Check out our make us an offer page to get some of our products at a GREATLY reduced price. If you have any questions please don't hesitate to call us at 856-381-8888 or e-mail us at sales@howelltosports.com

Finally, we hope you read the articles we included in this newsletter and maybe check out our blog andwebsite. Thanks again for your support and readership.



Progressive Vision Ring Set

This vision product is designed to improve tracking ability, depth perception and fine focus. It can be used alone, with a partner or in a group. The ring is tossed back and forth with the object to catch the correct colored ball. It will definitely improve your "sports vision". Four colorful poly-balls evenly spaced on a durable plastic ring. You use it by lightly tossing the Vision Ring up in the air, if practicing alone, or back and forth, if with another player.

Concentrate on catching one of the four balls, not the ring, using either two hands or one. Remember to always focus on the ball you are trying to catch.

Check out the: Make Us An Offer Page and score some deals on these and more!

The old fashioned "donut" is an excellent means of training for bat speed. These bat weights come in different weights so they can be matched for each players needs.



Bat Weights

**Check Out Our Website!** 









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