



Watching the Baseball Playoffs? Here are some things you might be interested in.

Thank you for opening our latest newsletter. We have a few articles for you and we would like you to hear about some products we are offering. We hope you enjoy and pick up something for your program.

The first article shows you how to [visualize the plane of the pitch](#).

Our second article is talks about the [impossibility of hitting a 103 mph fastball](#).

The third article gives you some ideas on [how to train your hitters this off-season](#).

Finally, the last article is a [great article on pitching](#).

If you want to improve your teams "**sports vision**" why not try one of these two products?

As an athlete, the [strobe specs](#) take your training to another level. The curved liquid crystal lenses provides a full 180 degree field of view allowing users to enhance their visuals skills in the training room, or on the field of play!

One of the most important pieces of equipment for vision exercises when working on convergence is [the Brock String](#). It offers instant feedback to the participant if their eyes are working together to focus on an object at various distances.

If you get the opportunity take a look at this new article on our website about [multiple sport participation](#). Or, you might like this one on [What is Vision Training?](#)

Thanks again for being a loyal customer and reader of our newsletter. If you have questions on any of our products please give us a call at 856-381-8888 or shoot us an e-mail at emily@howelltosports.com



Strobe Specs



Brock String



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