

FEES & REBATES 2025

Mental Health Care Plans (MHCP)

Medicare rebates are available for up to 10 individual and 10 group mental health services per calendar year. For individual MHCP's, a GP will provide 6 initial sessions and request a feedback letter to release an additional 4 sessions.

* Patients cannot use their private health insurance ancillary cover to 'top up' the Medicare rebate paid for the services.

For the Assessment & Treatment of Neurodevelopmental Disorders, as of March 2023:

<u>Assessment</u> of Complex Neurodevelopmental Disorders

GP referral using items 3 - 51 or 91790 - 91802

A maximum of 8 assessment appointments can be claimed per patient in a lifetime, with a course of 4 sessions provided initially.

Treatment of Complex Neurodevelopmental Disorders

GP referral using item 139 or 92142

Up to 20 appointments in a lifetime, provided in courses of ten sessions.

Private Health Rebates

Private Health Insurance options are available to both Australian residents and overseas students. If you have private health insurance, you may be eligible to claim rebates for sessions with a psychologist. The level of cover and applicable waiting periods vary between insurance companies and depends on your extras cover policy.

Please see below the psychological session item codes:

- **100** Initial Individual Therapy Session with a Psychologist
- 200 Follow-up Individual Therapy Session with a Psychologist
- 300 Online Couples Counselling / Family Therapy session with a Psychologist
- **701** Initial Online Therapy Session with a Psychologist
- 801 Follow-up Online Therapy Session with a Psychologist.



National Disability Insurance Scheme (NDIS)

The NDIS provides support to eligible people with intellectual, physical, sensory, cognitive and psychosocial disability. Early intervention supports can also be provided for children with developmental delay. The NDIS does not fund assessments for Autism or ADHD unless this is listed in your child's NDIS stated supports plan. If an assessment is not in your child's plan, you may seek permission from your plan manager to approve an assessment and provide a letter of confirmation for billing.

We can provide a functional assessment, which may cover areas such as cognition, learning, social and / or behavioural domains. The intention of a functional assessment is not to seek a diagnosis, rather it provides a measurement and understanding of your child's developmental strengths and weaknesses. This information can be used to make recommendations for treatment and supports in the home, community and education setting.

There are three ways to manage your NDIS funding. These include the following options:

- Self-managed Funding: The NDIA provides you with funding to access the support services that will best help you pursue your goals.
- Plan-managed Funding: The NDIA provides you with funding in your plan for a Plan
 Manager who pays your service providers for you.
- NDIA or Agency-managed Funding: The NDIA pays your providers on your behalf.
 When NDIA-managed, you can choose from a range of NDIS-registered providers only.
 ASAH is NOT a registered provider



MEDICARE CODES & REBATES

Medicare item number & description	Psychologist 50 min \$180 30 min \$110	Clinical Psychologist 50 min \$230 30 min \$145
In person 50 min consultation	80110	80010
	\$98.97	\$145.25
In person 50 min consultation	80112	80012
(non-patient i.e., parent / carer)	\$98.97	\$145.25
In person 50 min consultation	80115	80015
outside clinic setting e.g., school	\$98.97	\$165.95
In person 50 min consultation	80116	80016
outside clinic setting e.g., school	\$98.97	\$165.95
(non-patient i.e., parent / carer)		
Telehealth / phone 50 min	91170	91167
consultation	\$98.97	\$145.25
Telehealth 50 min consultation		91171
(non-patient i.e., parent / carer)	-	\$145.25
Phone 30 min consultation	91169	
	\$70.15	-
Phone 30 min consultation		91166
(non-patient i.e., parent / carer)	-	\$98.95
Group treatment	80120	80020
60 min	\$25.25	\$36.85
Telehealth group treatment	80121	80021
60 min	\$25.25	\$36.85
Group treatment	80122	80022
90 min	\$34.40	\$50.25
Telehealth group treatment	80123	80025
90 min	\$34.40	\$50.25
Chronic disease	10968	10968
(max 5 sessions)	\$61.80	\$61.80
Assessment of complex	82000	82000
neurodevelopment	\$98.95	\$98.95
Treatment of complex	82015	82015
neurodevelopment	\$98.95	\$98.95