

FEES & REBATES 2025

Mental Health Care Plans (MHCP)

Medicare rebates are available for up to 10 individual and 10 group mental health services per calendar year. For individual MHCP's, a GP will provide 6 initial sessions and request a feedback letter to release an additional 4 sessions.

* Patients cannot use their private health insurance ancillary cover to 'top up' the Medicare rebate paid for the services.

For the Assessment & Treatment of Neurodevelopmental Disorders, as of March 2023:

Assessment of Complex Neurodevelopmental Disorders

GP referral using items 3 - 51 or 91790 - 91802

*A maximum of 8 assessment services can be claimed per patient in a lifetime, with a course of 4 sessions provided initially.

<u>Treatment</u> of Complex Neurodevelopmental Disorders

GP referral using item 139 or 92142

*Up to 20 sessions in a lifetime, provided in courses of ten sessions.



Private Health Rebates

Private Health Insurance options are available to both Australian residents and overseas students. If you have private health insurance, you may be eligible to claim rebates for sessions with a psychologist. The level of cover and applicable waiting periods vary between insurance companies and depend on your extras cover policy.

Please see below the psychological session item codes:

- **100** Initial Individual Therapy Session with a Psychologist
- 200 Follow-up Individual Therapy Session with a Psychologist
- 300 Online Couples Counselling / Family Therapy session with a Psychologist
- **701** Initial Online Therapy Session with a Psychologist
- **801** Follow-up Online Therapy Session with a Psychologist.

National Disability Insurance Scheme (NDIS)

The NDIS provides support to eligible people with intellectual, physical, sensory, cognitive and psychosocial disability. Early intervention supports can also be provided for children with developmental delay. Psychology services are typically provided under Capacity Building. We provide functional assessments, which may include cognition, learning, social and / or behavioural domains. The intention of a functional assessment is not to seek a diagnosis; however this may form part of the outcome and recommendations.

There are three ways to manage your NDIS funding. These include the following options:

- Self-managed Funding: The NDIA provides you with funding to access the support services that will best help you pursue your goals.
- Plan-managed Funding: The NDIA provides you with funding in your plan for a Plan
 Manager who pays your service providers for you.
- NDIA or Agency-managed Funding: The NDIA pays your providers on your behalf.
 When NDIA-managed, you can choose from a range of NDIS-registered providers only.
 ASAH is NOT a registered provider



MEDICARE CODES & REBATES

Medicare item number	Psychologist	Clinical Psychologist
& description	50 min \$175	50 min \$220
	30 min \$90	30 min \$110
In person 50 min consultation	80110	80010
	\$96.65	\$141.85
In person 50 min consultation	80112	80012
(non-patient i.e., parent / carer)	\$96.65	\$141.85
In person 50 min consultation	80115	80015
outside clinic setting e.g., school	\$96.65	\$165.95
In person 50 min consultation	80116	80016
outside clinic setting e.g., school	\$96.65	\$165.95
(non-patient i.e., parent / carer)		
Telehealth / phone 50 min	91170	91167
consultation	\$96.65	\$141.85
Telehealth 50 min consultation		91171
(non-patient i.e., parent / carer)	-	\$141.85
Phone 30 min consultation	91169	
	\$68.50	-
Phone 30 min consultation		91166
(non-patient i.e., parent / carer)	-	\$96.65
Group treatment	80120	80020
60 min	\$24.65	\$36.00
Telehealth group treatment	80121	80012
60 min	\$24.65	\$36.00
Group treatment	80122	80022
90 min	\$33.60	\$49.05
Telehealth group treatment	80123	80012
90 min	\$33.60	\$36.00
Group treatment		80022
120 min	-	\$66.65
Telehealth group treatment		80012
120 min	-	\$66.65
Chronic disease	10968	10968
(max 5 sessions)	\$60.35	\$60.35
Assessment of complex	82000	82000
neurodevelopment	\$96.65	\$96.65
Treatment of complex	82015	82015
neurodevelopment	\$96.65	\$96.65