

Whitney Guerrero MD FACS

Lifestyle questionnaire

For internal office use only - not a part of the medical record

PERSONAL INFORMATION

Title ☐ Ms ☐ Mrs ☐ Mr ☐ Other _____

Pronouns _____

What problem do you need solved (constipation, pain, bleeding, itching, hygiene, etc)

OBSTETRIC HISTORY

For patients who have been pregnant:

How many times have you been pregnant? _____

How many live births have you had? _____

Did you have any babies who were over 8 lbs? yes no

Did you ever have a tear or a cut during delivery? yes no

***This information will never be
used anywhere but here*

GENERAL HISTORY

For all patients:

Do any of the following statements sound like you?

Please check all that apply

- | | |
|--|--|
| <input type="checkbox"/> My stools vary depending on what I eat | <input type="checkbox"/> I have to push to get all the stool out |
| <input type="checkbox"/> I take a fiber supplement regularly | <input type="checkbox"/> I feel like I can't get all the stool out |
| <input type="checkbox"/> Sometimes I find stool in my underwear
that I don't expect to be there | <input type="checkbox"/> It takes more than five minutes of sitting
for me to have a BM |
| <input type="checkbox"/> I have to get to the bathroom right away | <input type="checkbox"/> I bleed with bowel movements |
| <input type="checkbox"/> I have to plan my day around my BMs | <input type="checkbox"/> I bleed in between bowel movements |
| <input type="checkbox"/> It hurts when I have a bowel movement | <input type="checkbox"/> When I poop it feels like a mass pops out |
| <input type="checkbox"/> It hurts after I have a bowel movement | <input type="checkbox"/> When I poop it feels like multiple masses
(or a cluster of masses) pop out |
| <input type="checkbox"/> I have to wipe multiple times after BMs | <input type="checkbox"/> I have to get out of bed to urinate |
| <input type="checkbox"/> I have to wipe in between BMs | <input type="checkbox"/> I pee when I cough/laugh/sneeze |
| <input type="checkbox"/> I don't feel clean after BMs | |