

Curriculum Vitae

Junfeng He, Ph.D.

Education

2002-2005 Ph.D. of Acupuncture and Moxibustion, Hunan College of Traditional Chinese Medicine, Hunan, China

2004.3-8 Visiting Doctoral Student, Institute of Acupuncture and Moxibustion, China Academy of Chinese Medical Sciences, Beijing, China

1998-2001 Master of Medicine, Diagnostics of Traditional Chinese Medicine, Hunan College of Traditional Chinese Medicine, Hunan, China

1993-1998 Bachelor of Medicine (M.D. equivalent), Clinic Traditional Chinese Medicine, Hunan College of Traditional Chinese Medicine, Hunan, China

Work Experience

2018.8-Present Dr.JF He Clinic of Acupuncture and Health, Corvallis, OR

2019.1-Present Easter Flow Massage, Lebanon, OR (Part time)

2018.10-2019.1 Eng Acupuncture Center, Silverton, OR (Part time)

2018.5-2018.6 Oregon Sport and Spine, Eugene, OR

2016.11-2018.2 Acupuncturist in Ebomclinic, Sioux Falls, South Dakota,USA.

2013.11-2016.11 Acupuncturist, Vice president of Liuyang TCM hospital affiliated to Hunan University of Traditional Chinese Medicine, Hunan, China

2007.12-2016.11 Associate Professor, Hunan University of Traditional Chinese Medicine, China

2012. 8 Visiting scholar, School of Chinese Medicine, the University of Hong Kong,

2009-2010, Visiting scholar, Center for Advanced Nutrition, Utah State University, USA, Supported by China Scholarship Council (CSC)

Board Certification

Licensed Acupuncturist in Oregon

Licensed Acupuncturist in Nebraska

Licensed Acupuncturist in Washington

Diplomate of Acupuncture (Certification of National Certification Commission of Acupuncture and Oriental Medicine, NCCAOM)

Funded Research

Principal Investigator, *Mechanism of Acupuncture at Yangming Meridian for Obesity Prevention by way of leptin and insulin post-receptor signal transduction and PTP1B expression*. National Natural Science Foundation of China (No.81373717), 2013-2017

Principal Investigator, *Relationship between Kidney deficiency and Obesity: base on the hypothalamus leptin resist and post-receptor signal transduction* was supported by the Open Fund Projects of University Creative Platform of Hunan Province (No.12K084) , 2012-2015

Principal Investigator, *The mechanism of Pingfeifang to prevent DIO rats by way of improving central leptin sensitivity* was supported by Scientific Research Fund of Hunan Provincial Education Department (No.2012FJ4285) , 2012-2015

Principal Investigator, *Establishment of Rat Bronchitis Model of TCM's Yang Deficiency of Kidney and Spleen* was supported by the Hunan Provincial Nature Science Foundation of China (No.07JJ4006) , 2007-2009

Selected Publication (80 in total)

1. Xia Liu, **Junfeng He (Corresponding author)**, Yating Qu, Zhijun Liu, Qingyang Pu, Shengtong Guo, Jia Du, Pengfei Jiang. 2016. Electroacupuncture improves insulin resistance by reducing NPY/AGRP levels and inhibiting expression of PTP1B in Diet-induced obese rats. *J Acupuncture Meridian Stud*, 9 (2) : 58-64

2. Liu Xia, **He Junfeng (Corresponding author)**, Qu Yating, Liu Zhijun, Pu Qingyang, Guo Shengtong, Du Jia, Jiang Pengfei. 2016. Effects of electroacupuncture on insulin resistance and hypothalamic PI3K-p85 and IRS2 protein expression in DIO rats. *Chinese Acupuncture & Moxibustion*. 36 (9), 957-961. In Chinese

3. Liu Xia, **He Junfeng (Corresponding author)**, Qu Yating, Liu Zhijun, Pu Qingyang, Guo Shengtong, Du Jia, Jiang Pengfei. 2016. Effects of

electroacupuncture on insulin resistance and hypothalamic AGRP and NPY in DIO rats. *Chinese Journal of Information on Traditional Chinese Medicine*. 23 (5) , 57-60. In Chinese

4. Qu Yating, Liu Xia, **He Junfeng (Corresponding author)**, Liu Zhijun, Pu Qingyang, Guo Shengtong, Du Jia, Jiang Pengfei. 2015. Effects of electroacupuncture on DIO rats based on hypothalamic PTP1B and IRS1 protein expression. *Journal of Beijing University of Traditional Chinese Medicine*, 38(12): 852-856. In Chinese

5. **Junfeng He**, Xing Zhang, Yating Qu, Huiyong Huang, Xia Liu, Jia Du, Shengtong Guo. 2015. Effect of Combined Manual Acupuncture and Massage on Body Weight and Body Mass Index Reduction in Obese and Overweight Women: A Randomized, Short-term Clinical Trial. *J Acupuncture Meridian Stud*, 8(2):61-65.

6. Guo Shengtong, QuYating, Liu Puhan, **He Junfeng (Corresponding author)**, Zhao Yanling, Du Jia, Liu Xia. 2015. Meta-analysis of the efficacy of acupuncture and moxibustion treatment for metabolic syndrome. *Chinese Journal of Traditional Medical Science and Technology*, September, 22(5):600-602. In Chinese

7. Liu Xia, Qu Yating, **He Junfeng (Corresponding author)**, Zhang Xing, Du Jia, Guo Shengtong. 2015. Effects of Body Acupuncture and Massage Therapy on Body Weight and BMI Changes in Simple Obesity Women. *Chinese Journal of Traditional Medical Science and Technology*, 2:125-127. In Chinese

8. Qu Yating, Liu Xia, **He Junfeng (Corresponding author)**, Zhang Xing, Du Jia, Guo Shengtong. 2015. Effects of Combined Manual Acupuncture and Massage Therapy on Body Weight and BMI Reduction of 40 overweight Women. *Information on Traditional Chinese Medicine*, 2:37-3. In Chinese

9. Zhao Yanling, Li Wenchun, Huang Jun, Fu Zaili, Tan Lingqiong, Tang Zhaoan, **He Junfeng**. 2014. Effects of Jingjin acupuncture on fine activity of hemiplegic hand in recovery period of stroke. *Chinese Acupuncture & Moxibustion*, 34(2): 120-124. In Chinese

10. **Jun-Feng He**, Jie Yan, Jiang-Shan Li, Jian-Hua Liu, Chao Wang, Xiao-Rong Chang, Ya-Ting Qu. 2013. Neurons discharge and c-Fos expression in NTS following electroacupuncture at acupoints of Stomach Meridian of Foot-Yangming. *J Acupuncture Meridian Stud*. 6(2):82-88.

Books Edited

Yueyun Qu (editor), **Junfeng He (associate editor)**, et al. *Traditional Chinese Medicine Encyclopedia for Excellent Formula*. 2016. Hunan Science & Technology

Press, Changsha, P.R. China.

Yueyun Qu (editor), Huiyong Huang (editor), Qiuyan Zhang (associate editor), **Junfeng He (associate editor)**, et al. *Traditional Chinese Medicine Encyclopedia for Classical Prescription*. 2015. Hunan Science & Technology Press, Changsha, P.R. China.

Huiyong Huang (editor), Wenming Xiao(editor), Mingsheng Lei (associate editor), **He Junfeng (associate editor)**, et al. *Feature and Characteristics of Diagnosis and Treatment in the Tujia Minority Medicine*. 2014. Hunan Science & Technology Press, Changsha, P.R. China.

Yueyun Qu (editor), Huiyong Huang (editor), **Junfeng He (member)**, et al. *Traditional Chinese Medicine Diagnostics Symposium in Successive Dynasties*. 2014. Hunan Science & Technology Press, Changsha, P.R. China.

Huiyong Huang (editor), **Junfeng He (member)**, et al. Introduction and Application of Nationality Herbs in Zhangjiajie Zone.2014. Hunan Science & Technology Press, Changsha, P.R. China.

Jian Zhou (editor), **Junfeng He (member)**, et al. *Innovation National TCM College Teaching Book of TCM Nutrition*. China Press of Traditional Chinese Medicine. 2012. Beijing, P.R. China.

Zhixi Hu (editor), **Junfeng He (member)**, et al. *Diagnostics Skill Training for TCM Clinic Practice*.2011. Hunan Science & Technology Press, Changsha, P.R. China.

Yueyun Qu (editor), Ya Li (associate editor), **Junfeng He (associate editor)**, Jinwen Ge (associate editor), et al. *Verified Cases of Applying Traditional Chinese Medicine to Treating Difficult Miscellaneous Diseases*. 2007. Hunan Science & Technology Press, Changsha, P.R. China.

Yueyun Qu (editor), Jinwen Ge (associate editor), Min Li (associate editor), **Junfeng He (associate editor)**, et al. *Comprehensive Therapeutics of Traditional Chinese Medicine to Chronic Difficult Diseases*. 2007. People's Military Medical Press. Beijing, P.R. China.

AD HOC Reviewer

Alternative Therapies in Health and Medicine

Acupuncture in Medicine

American Journal of Chinese Medicine

Complement Therapy in Medicine

Research in Complementary Medicine

Jounal of Medicinal Plant Research

Journal of Pharmacognosy and Phytotherapy
Journal of Family Medicine and Disease Prevention
Obesity-Open Access
Journal of TCM Univ. of Hunan
Guiding Journal of Traditional Chinese Medicine and Pharmacy

AWARDS AND HONORS

1st Prize of Academic Paper of Changsha Science & Technology Academic Conference, 2015. *Effects of the Second-Pingfei-Decoction on adipocyte and hypothalamus POMC mRNA expression in DIO rats*, corresponding author

3rd Prize of Science and Technology Progress Prize of Hunan Province TCM Association, 2014. *Establishing dwarf rat male model with kidney deficiency and intervention with combined exercise and moxibustion therapy*, rank 1th

2nd Prize of Hunan Province Education's Reforming and Development Prize, 2014. *Applying syndrome element differentiation to improve integrative traditional Chinese medicine and west medicine teaching efficacy*, rank 3rd

Honored as 225 Core Talent in High Level of Medicine Subject of Hunan Province, 2013

2nd Prize of Science and Technology Progress Prize of China Association of Chinese Medicine, 2007. *Research on the effects of acupuncture at acupoints in Foot-Yangming-Meridian to the Stomach*, rank 10th

Membership

Specialty Committee of Diagnostics of Traditional Chinese Medicine of World Federation of Chinese Medicine Societies (Council Member of 1st Board)

Specialty Committee of Medicated Diet & Dietotherapy of World Federation of Chinese Medicine Societies (Council Member of 2nd Board)

China Association for Acupuncture and Moxibustion

Hunan Province Association for Acupuncture and Moxibustion

Diagnostics Academic Committee of Integrative Traditional Chinese Medicine and Western Medicine