## **STAYING PUT - EVENTS & ACTIVITIES for JANUARY 2024**

Serving Spring Valley and Elmwood areas
S312 McKay Ave. P.O. Box 193 – Spring Valley, WI 54767
715-778-5800 – call for complete listing of services
OPEN OFFICE HOURS:

MON. TUES. WED. THURS. FRI. 9:30 AM- 3:30 PM \* NEW HOURS

**TRANSPORTATION:** SP provides local & non-local (mileage reimbursed) transportation for medical appointments, grocery, banking, pharmacy, & hair appointments. Call 715-778-5800. **DRIVERS NEEDED.** 

MEALS ON WHEELS/Spring Valley & \*Elmwood: For home-delivered meals info, call ADRC of Pierce County @ 715-273-6780 /or toll-free 877-273-0804. Can you help as a *Staying Put* volunteer to deliver meals? Call 715-778-5800. \*ELMWOOD DRIVERS NEEDED NOW!

**COFFEE KLATCH:** Mon. through Fri. @ 10:00-11:00 AM at Staying Put office (check for occasional cancellations). Enjoy a friendly visit over fresh coffee or tea, donated treats. Clients & volunteers welcome, just drop in!

MEMORY CAFÉ: Every 2nd & 4th Tues. of the month. This is a social get-together for older adults, held 10:00 -11:30 AM at St. John's Lutheran Church, S520 Church Ave., Spring Valley. Come share your memories & stories, optional: bring a friend or companion. *Enjoy coffee, tea & treats*. All are welcome. For info or a ride, call 715-778-5800.

ANIMAL COMPANIONSHIP: ATD certified Therapy Dog (Abby) will come for a visit! Call 715-778-588 to request a visit.

**STRONG BODIES FITNESS SESSIONS:** Co-sponsored by Pierce County/ADRC. Classes held Tues. & Fri. 9:30 -10:30 AM @ SV Village Hall. **Call to register 715-778-5800.** 

BINGO: Wed., January 3, 2024, from 1:00-2:00 PM, at the Staying Put office.

**SENIOR WINTER DANCE:** Thurs., January 18<sup>th</sup>, 2:00 -4:30 PM @ the Spring Valley Community Center; featuring the **BOBTOWN BOYS**, *Dancing*, *snacks and socializing*. All invited/no registration needed. **Can you help** transport residents from the Assisted Living facility? Please call 715-778-5800.

MONTHLY BIRTHDAY CELEBRATION: Wed., January 24<sup>th</sup>, 2:00-3:00 PM, at the *Staying Put* office; A Birthday party for volunteers and clients with January birthdays. *Treats, games, prizes!* Call to register or just drop in.

GAME DAY WITH SOUP: Tuesday, January 30<sup>th</sup>, 1:00–3:00 PM at the Spring Valley Community Center. *Games, soup and socializing.* Call to register 715-778-5800.

**CARE BASKETS:** Assembled & donated by a *Staying Put* volunteer, delivered to members experiencing loss, illness, loneliness, sadness. **Call the office with tips: 715-778-5800.** 

