



STOCKTON WOMEN'S COLLABORATIVE

Tenth Annual Black History

Program and Luncheon Celebrating African American Women

Making a Difference in the Community

On Saturday, February 25th, after two years as a virtual event, the Stockton Women's Collaborative Black History Month celebration returns as an in-person gathering. This event was started by AAUW Stockton Branch 10 years ago. We collaborate with Alpha Kappa Alpha, Delta Kappa Gamma, Delta Sigma Theta, International Women of Color, Links, Inc., and NAACP to honor the accomplishments of local African American women.

In addition to recognizing local African American women accomplishments, there will be a special presentation by Stockton Police Chief Stanley McFadden, the first African American police chief in Stockton's history.

This celebratory event takes the place of the monthly AAUW Stockton Branch meeting. Please attend if you can.



Stockton Police Chief Stanley McFadden

Stockton Hilton Hotel

Schedule:

9:30am	Vendors, Social
10:30am	Registration/Check-In
11:00am	Program and Luncheon

Menu: Salad, Roast Chicken Breast, Wild Rice, Candied Yams, Green Beans, Bread Pudding (Vegetarian - Omit Chicken.)

Cost: \$50

Reservation Deadline: Sunday, Feb. 19th

Contact Betty Parsons, Reservation Chair, at (408) 309-8958 or bjpars_95120@yahoo.com

A RESERVATION MADE IS A RESERVATION PAID

President's Message



Lucky Me????!!!

I woke up New Year's Day with no electricity. The house was cold, and everything was dark. My first thought was about the fact that the power had been out since 7:30pm New Year's Eve, over twelve hours. My second thought was no hot breakfast and no hot coffee. Also, there would be no internet and no TV. I would have to settle for cold cereal and no coffee and no entertainment options. Yikes! What a hardship!

As I lay there in bed with two warm blankets, in a cozy room, even though it was cold, and with my dog snoring softly by my side, my attitude shifted from "poor me" to "lucky me." At least I have a home, a warm bed to call my own, and food in the pantry and the refrigerator. There are, of course, many in our community who are not so lucky.

Over the past several years, the number of homeless people in Stockton and the rest of California has grown tremendously. There are numerous encampments of homeless individuals who band together for comradery and protection. These people, many of whom are veterans or children, don't have any kind of power, including the power to change their lives. It is up to us to realize that these individuals are part of our community, and they deserve to be safe and warm.

Supporting organizations such as the Salvation Army, St. Mary's Dining Room, various veterans' services, and other outreach organizations financially, and with the gifts of time and service, can brighten lives and give hope for a better future to so many.

My power came back on eventually, after nineteen hours, and I was able to have hot soup for supper. I wonder how many homeless people were so lucky.

(I had missed seeing the 49ers' game on TV, but I listened to it on my trusty transistor radio).

Sandra Mazzuola
President



2022-2023

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Mentor Program

We can all feel a little safer now that the girls in the Mentor Program have learned how to save us! On Saturday, January 21 the girls and mentors met at the home of Paula Almaas to learn the basics of CPR training as well as basic first aid. Angela Leonardo has been teaching these classes for many years and graciously shared her knowledge with our girls. After viewing videos about what to do in the worst case scenarios we all had the opportunity to practice our new skills on mannequins, both adult sized as well as infants. I had an eye opening when I told them to do compressions to the beat of "Stayin' Alive" by the BeeGees and was met by blank stares. And, by the way, they don't know who the Beatles are either! As mentors we struggle to stay current, but I think it may be a losing battle! We need help from younger members!



We are also proud that we have again been recognized by the Cortopassi Foundation who believes that our work with our girls is valuable. They have donated \$2,000 to help us continue with our endeavors. Thanks to them, and all of the members who have contributed to our program. You have helped to strengthen our community and make a difference in the lives of girls.



Great things are in store for us in February when we are treated to a motivational speaker who will direct our girls to "find their voices." Watch this space for a report on that experience.





endowed by the estate of the late Ginger DeBow, past Stockton Branch President and an outstanding speech instructor at San Joaquin Delta College.

All are welcome to attend to see what our youth are thinking.



AAUW California Speech Trek

Speech Trek

Put it on your calendar! The Stockton Branch 2023 annual Speech Trek competition will be held on Thursday, February 16th at 5:30pm, at O'Connor Woods in the West Hall. Seven local high school students will speak to the topic: **How can communities, organizations and citizens of all ages help protect and expand voting rights?**

The original speeches are all 5-6 minutes in length.

Speech Trek, an annual contest, began in 2007 and is California's signature high school program. The contest is open to all local high school students. The Stockton Branch has participated in this program since its inception. It is





scholars at the graduate level, law schools or post graduate level.

Discrimination: The unequal treatment of members of various groups based on conscious or unconscious prejudice, which favors one group over others on differences of race, gender, economic class, sexual orientation, physical ability, religion, language, age, national identity, and other categories.

LGBTQIA: An inclusive term for those who identify as lesbian, gay, bisexual, transgender, queer, intersex, and asexual.

Multicultural Competency: A process of embracing diversity and learning about people from other cultural backgrounds. The key element to becoming more culturally competent is respect for the ways that others live in and organize the world and an openness to learn from them.

Sexual Orientation: An individual's enduring physical, romantic and/or emotional attraction to another person. Gender identity and sexual orientation are not the same. Transgender people may be straight, lesbian, gay or bisexual.

These terms are a sample of terms that are used when discussing DEI issues. You might have heard some of them on TV Shows, News broadcasts, commercials, books, etc.

Come learn with us at the DEI Discussion Group. It is a 'safe space' where you can always learn something while also teaching something to others.

DEI Interest Group: DEI Terms

The DEI Interest Group meets once a month to discuss topics that fit into the general sphere of Diversity, Equity and Inclusion. To be effective, we have found it necessary to work from a group of common definitions for terms that are used in our discussions. Some of those terms are listed below with their definitions. See which ones you know. If you don't know the meaning of some words, this is a time for you to learn. If you want to explore more about anything that is mentioned, you are invited to join the DEI Interest Group to discuss these and other terms/ideas/topics. Your ideas are most welcome.

BIPoC: An acronym used to refer to black, indigenous and people of color. It is based on the recognition of collective experiences of systemic racism. As with any other identity term it is up to individuals to use this term as an identifier.

Cisgender: A term for people whose gender identifier, expression or behavior aligns with those typically associated with their assigned sex at birth.

Critical Race Theory: A cross-disciplinary intellectual and social movement of civil rights scholars and activists who seek to examine the intersection of race, society, and law in the US and to challenge mainstream American liberal approaches to racial justice. CRT is not taught at the elementary, high school or undergraduate levels. It is a movement that is discussed by



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-A Liberal Religious Community-

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contact@stocktonuu.org

We affirm and promote the inherent
worth and dignity of every person and
are a welcoming congregation.



Don't forget! Gov Tech Session #2
Feb 11th (on ZOOM)

Last month I introduced the World Day of Social Justice, occurring on Feb 20th. The theme this year is “**Gender discrimination in the world.**” **While we are all aware of many economic discrimination issues,** we must acknowledge that American health care also suffers from systemic forms of discrimination resulting in a detrimental effect on the health and well-being of millions of American women.

For example, **heart disease** is the leading cause of death among women—6 times more than breast cancer--but many women are unaware of this, with the highest percentages of unawareness among Blacks and Latinas. Why the discrepancy? When the American Heart Association (AHA) investigated, it found that many women reported that their physicians seldom if ever talked to them about heart health, and, in some cases, misdiagnosed obvious symptoms of heart disease as panic, stress or even hypochondria.

Even our recent experiences with COVID have shown women to be more disadvantaged than men: there are more women in retail & service jobs & more women were affected by daycare &

school closures.

Look around, especially on Feb 20th, & identify other gender discrimination issues. What can you do? An easy thing would be to write a letter (or email) to one of your legislators addressing an issue that means a lot to you.

I'm sure you can think of more.

Karen Frank

Directory update:

Please make the following addition to your Directory:

Please welcome our latest new member and add her information to your Directory.:

Lisa Lennon Wilkins

8707 Lianna Ct.

Stockton, CA 95209

Cell: (925) 207-9291

E-mail: llennonw@gmail.com

UC Davis graduate

She is interested in Bunco, Tech Trek, Mentoring and DEI Programs/Committees
She was referred for membership by Sue Kenmotsu and Jean Knight. Thank you.

KATHLEEN M. SOLARI, CPA

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Stockton AAUW Branch members, thank you!
Your donations are taking our Branch towards our goal as we 'Follow the Yellow Brick Road.'
It's not too late to make a donation: Just send your check (payable to AAUW-COF) to:

AAUW Stockton Branch, Inc.
P.O. Box 690663
Stockton, CA 95269-0663

Thank you to our Stockton Branch members:

Ed & Paula Almaas	Pam Mallett-Jones
Leslie Balestracci	Sandra Mazzuola
Loretta Blankenship	Cheryl Meeker-Mau
Carol Bloch	Claudia Mennuti
Renata Bricka	Patricia Meredith
Sandra Cooperman	Cindy Milford
Heidi Cortelyou	Patricia Miller
Ann Cunial	Diane Morgali
Erica Dei Rossi	Dona Mostafa
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Jean Knight	Van Ha To-Cowell
Marilyn Lagier	Therese Tutupalli
Roberta Landau	Helen Vignolo
Hugh Lily	Patricia Voss
Amy Lovett-Cooper	Sharon Westafer



REMINDER:

When ordering through Amazon Smile, please designate **AAUW Community Outreach Fund** as your charity. Organizations receive a small percentage on each purchase.

Each month we receive between \$5-6 in our COF Account, but it could be so much more. Thank you for your participation.

Regretfully, the **Amazon Smile** program will be discontinued as of **February 20th**. Until then continue to identify AAUW Community Outreach Program to benefit from your Amazon sales. Thank you again for your support of this program.

 **KEMPER**
CPA GROUP LLP
Certified Public Accountants and Consultants

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Vision: AAUW will be a powerful advocate and visible leader in equity and education through research, philanthropy, and measureable change in critical areas impacting the lives of women and girls.

Mission: **AAUW advances equity for women and girls through advocacy, education, philanthropy and research.**

Value Promise: By joining AAUW, you belong to a community that breaks through educational and economic barriers so that all women and girls have a fair chance.

February Calendar

Day	Date	Time	Event	Location/Contact
Sat	11	9:00am	AAUW Board Retreat	Cape Cottages Clubhouse
Thu	16	5:30pm	Stockton Branch 2023 Speech Trek Competition	O'Connor Woods – West Hall
Sun	19	All Day	Reservation Deadline	
Sat	25	9:30am	Program: African American Women Making a Difference	Stockton Hilton Hotel