

### Vignette #1

You and your ex live in Los Angeles. Your fiancé just got transferred to San Francisco. You and your child fly to San Francisco every weekend in order to be with your fiancé. Of course, you want to spend every moment you can with your significant other so you are trying to get the latest flight you can on Sunday evening. The problem is your ex gets very upset because most of the time you are at least one hour late meeting your ex at the agreed upon exchange site. This has caused your ex tremendous frustration and animosity toward you.

Is anyone being unreasonable? Why?

How can this situation be remedied?

Does this cause any long-term problems? If so, please what are they?

### Vignette #3

You have been separated for about 8 months. You have three children, ages 5, 7 and 9. You have a fairly amicable relationship with your ex except for the occasional flare up over inconsequential matters. Your children miss the family unit as they knew it. They are experiencing some problems at school and at home. The five year old has begun sucking her thumb, the nine year old's grades have begun to drop and the seven year old seems to be doing fine.

What are some important issues to be aware of here?

Are there any proactive measures you can take in order to help your children?

## HOPES FOR MY CHILDREN

Please answer the following questions:

1. When your child grows up, what kind of life would you like for her/him?  
(Type of occupation, marital status, house, etc.) \_\_\_\_\_  
\_\_\_\_\_
2. Does what you want for your children differ based on your child's gender?  
\_\_\_\_\_
3. List the qualities that you would like to see in your children:

	<i>NAME</i>	<i>NAME</i>	<i>NAME</i>
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			

4. What kind of parenting might produce these qualities? \_\_\_\_\_  
\_\_\_\_\_
5. What kinds of things did your parents do that you liked? \_\_\_\_\_  
\_\_\_\_\_
6. What kinds of things did your parents do that you did not like? \_\_\_\_\_  
\_\_\_\_\_