Diversity & Supervision: What You Need to Know

End Abuse Long Beach

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AGENDA

- Introduction
- Concepts
- ■Implicit Bias
- Diversity Communication Model
- ► Final Thoughts

Session Goals

- Become more knowledgeable about diversity
- Understand the critical role supervisors play in supporting diversity initiatives
- Examine supervisory behaviors that hinder and support staff development and retention
- Learn and practice communication tools that foster trust and mutual respect

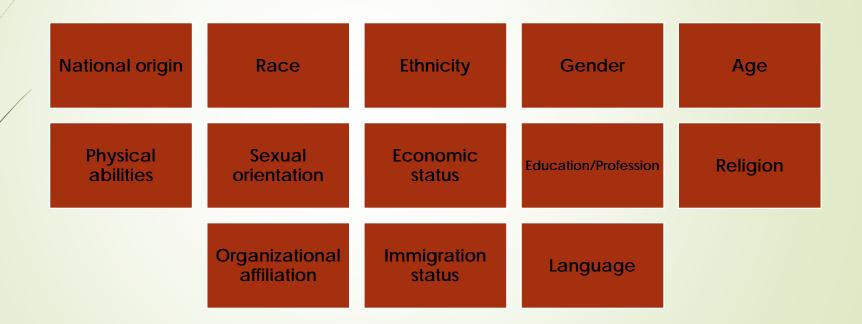
Concepts

Definition of Diversity

Mosaic of people who bring a variety of backgrounds, styles, perspectives, values and beliefs as assets to the groups and organizations with which they interact.



Types of Diversity



Why Diversity?

- Beyond a moral, legal, political commitment
- Smarter decision-making
- More productive
- Better able to withstand changing environment
- Groups make better decisions than individuals

Diversity, Inclusion & Belonging

- Diversity
- ■Inclusion
- Belonging
 - Use of storytelling

Cultural Competence & The Shift Toward Cultural Humility

- Cultural Competence:
 - Skills, attitudes and knowledge that allow persons, organizations and systems to work respectfully and effectively with diverse racial, ethnic and social groups.

Cultural Humility

- Learning about culture is not mastered
- Cultural humility is a dynamic process
- Do not assume you know everything or even anything about another's culture until you learn it from the individual
- Learning is a lifelong process

Reflections of an Organization's Cultural Humility

- Diversity of staff
- Recruitment policies
- Retention rates
- Advancement
- Organizational policies that are reflective of a diverse staff
- Address issues that diverse employees may face

Cultural Humility: Organizational Policies that Promote Diversity

- Non-discrimination policy
- Targeted outreach/marketing
- Inclusive treatment of clients
- Diversity as part of strategic plan
- Diverse staff, board and volunteer with equal benefits
- Intentional/aware hiring practices
- Diversity training
- Involvement in diverse communities

Implicit Bias

Implicit Bias

- Write down your guesses:
 - Race/ethnicity?
 - Place of birth?
 - Religious/belief system?
 - Family composition?
 - Interests/hobbies?
 - Extrovert/introvert?
 - Big-picture or detail-oriented?
 - Plan everything or go-with-the-flow?
 - Morning person?
 - Prefers in-person meeting, call, or email?

Implicit Bias

Attitudes or stereotypes about people that are outside our conscious awareness and control.

EVERYONE HAS THEM

- Harvard Project Implicit https://implicit.Harvard.edu/implicit/takeatest.html
- Activated quickly and involuntarily
- Affect our understanding, actions, and decisions
- May not align with our values
- Can be mitigated

Common Biases

Affinity Bias

Confirmation Bias

Halo Effect

Perception Bias

Group Think

Dunning-Kruger Effect

Strategies for De-Biasing

Acknowledge problem exists

Pause and assess

Focus on people as individuals

Resolve to do something about it

Become accountable

Diversity Communication Model

Ground Rules for Culturally Sensitive Conversations

- Approach with an open mind
 - Our thoughts/views are deeply entrenched. Really listen.
 - Try to understand without comparing your own ideas or thinking of a counter-point
 - Avoid stereotypes
 - Have the courage to become uncomfortable

How Our Behaviors Influence our Role as Supervisors

- Inclusionary Behaviors
 - Embrace different ways of doing things, being and thinking
 - Seek out opportunities for cross cultural interactions
 - Proactive in dealing with conflicts and issues of diversity
 - Focus on relationships with staff, not just tasks

How Our Behaviors Influence our Role as Supervisors

- Exclusionary Behaviors
 - Avoid difficult discussions regarding issues pertaining to diversity
 - Openly display a intolerance towards certain behaviors that may be cultural/generational
 - Minimize the needs of diverse staff members
 - Avoid certain employees (rush around, stay out of the office, close your door)

Diversity Communication Model

- Acknowledge the difficulty or wound, or need for intervention
- Acknowledge your role and responsibility
- Learn the needs and new behaviors
- Jointly create strategies for change
- Monitor the change

Some final thoughts...

- Diversity, inclusion and belonging are key to a productive, healthy team
- Great teams require psychological safety
- We must be willing to explore our own entrenched beliefs about diversity and inclusion without fear or self-judgment

