

**Coaching Agreement**

This agreement (the “Agreement”) is dated this \_\_\_\_\_\_\_\_\_day of \_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_.

This agreement as described below is between \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (the “Client”) and Michal Ravid Vrabel through Pathways Life Coaching LLC (the “Coach”), individually the ‘Party” and collectively the “Parties” to this agreement.

The parties agree as follows:

**The Client**-

I’m looking forward to working together on this/ these growth goals:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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I, the client, will diligently work on and complete the action steps we agreed upon, be punctual for our meetings so we will make the most of our time together.

I recognize and agree that I am the only one responsible for my life, my choices and my actions, and I will make sure to follow through with the action plan and choices that I will reach through these sessions.

I will be a trustworthy partner, honest and open with my coach about my life, and I will also handle any shares from my coach with respect and discretion.

**The Coach-**

I am excited and looking forward to be coaching you, the client, in your journey to fulfill your goals.

I commit to you to be punctual and well-prepared for our sessions, so we can make the most out of our time together.

I will be a trustworthy partner, honest and sincere with you, and I will handle any information that your share with me with respect and discretion.

I am committed to believing in you, supporting you in your journey to reach your goals, and I will do everything I can to assist you living out your destiny and dreams.

**Practical Expectations for both parties**-

1. Meeting Schedule:

The parties will meet \_\_\_\_\_ times per month for \_\_\_\_\_ minutes each session.

Meetings will take place via zoom or in person.

The parties will respect each other’s schedules by making every effort to hold rescheduling and cancellations to a minimum.

1. Initiative:

If a party can’t make a meeting, the party will take initiative to let the other party know and reschedule with as much notice as possible (24 hours minimum).

No-shows or cancelation by the client that are not emergency-related will still incur the cost of a full session.

1. Commitment:

The parties are committing to work together in a coaching relationship.

We are committed to participate in the coaching sessions free from distractions.

1. Periodic Review:

30 days after the parties first session, the parties will review and evaluate the coaching relationship, and together will decide if we would like to continue.

1. Action Steps:

In each session the parties will agree upon actions steps to be taken.

The client will commit to such action steps and will do the best they can to fulfill the actions steps agreed upon prior to the next session.

1. Emergency Calls:

Calls in between sessions if fewer than 15 minutes will not be billed.

Calls longer than 15 minutes will be billed based on the agreed upon hourly rate.

1. Rates:

Parties have agreed that coaching rate is \_\_\_\_ per month for \_\_\_\_ session.

Coaching packages or individual sessions will be billed prior to the session and payments need to be received prior to the sessions.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Michal Ravid Vrabel

Client’s name (please print) Coach’s name

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Client’s signature Coach’s signature

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date Date