



FALL 2025 YOUTH XC/RUN CLUB

Join us for a fun season of cross-country!

Open to athletes aged 6-14.

Practices will be held Monday/Wednesday 5-6:30pm and Sundays 9:30-11am.

Both competitive and non-competitive/recreational tracks available

Program is built to meet the needs of registered athletes.

**SEPTEMBER 8 –
NOVEMBER 16**

**3X WEEKLY
PRACTICES**

**REC AND
COMPETITIVE
OPTIONS**

FOR MORE INFO:
COACHRODANO@GMAIL.COM

