

Welcome to Wamberal Surf Club

Caring for our local community since 1950



www.wamberalslsc.au
1 Dover Road, Wamberal NSW

Welcome

The Wamberal Beach Surf Life Saving Club is a dedicated volunteer organisation providing opportunities for family participation and life development, where each family member can find something of interest, regardless of age or ability.

We are dedicated to protecting beachgoers who frequent the beach providing an essential emergency service and enhance aquatic safety: providing surveillance, protection, medical assistance, and rescue services through beach patrols.

We have been carrying out this service to our local community since 1950. We have over 100 active members voluntarily patrolling the beach every weekend and public holidays during the months October through to April each year.

Karl Nixey, Club President

<u>Who we are – Board members & key Contacts</u>	3

<u>Calendars</u>	6

<u>Facilities</u>	7

<u>Volunteering – how you can help</u>	9

<u>Sponsorship – how you can support the club</u>	11

<u>Patrols</u>	14

<u>Education</u>	16

<u>Competition</u>	19

<u>Youth Involvement and Pathways</u>	20

<u>Communications</u>	21



Who we are

Board Members and Key Contacts

Club President – Karl Nixey

president@wamberalslsc.au

Keeps the whole show running smoothly and makes sure everyone's having fun and staying safe.

Director of Finance – John Mearse (Mearsey)

financeexec@wamberalslsc.au

Looks after the dollars & cents to make sure we can keep buying boards, sausages, and patrol equipment.

Director of Lifesaving – Helen Paver

Lifesaving@wamberalslsc.au

Makes sure our beaches are patrolled, our teams are prepped, and everyone knows what to do when the whistle blows.

Director of Administration – Lisa Shailer

administration@wamberalslsc.au

The paperwork wizard who keeps the club organised, on schedule, and out of chaos.

Director of Competition – Ben Travis

competition@wamberalslsc.au

Rallies the troops for carnivals, training, and cheering on our legends on the beach..



3



Who we are

Board Members and Key Contacts

Director of Education – Sally Carey

education@wamberalslsc.au

Gets everyone trained up with Bronze Medallions, First Aid and more, because learning saves lives.

Junior Activities Co-ordinator – Jason McGuinness

jac@wamberalslsc.au

Chief wrangler of nippers and creator of sandy smiles every Sunday morning.

Gear Steward – Brad Evans

gearsteward@wamberalslsc.au

Keeps all the boards, flags, tubes and tents in check, and knows where everything lives (even if you don't!).

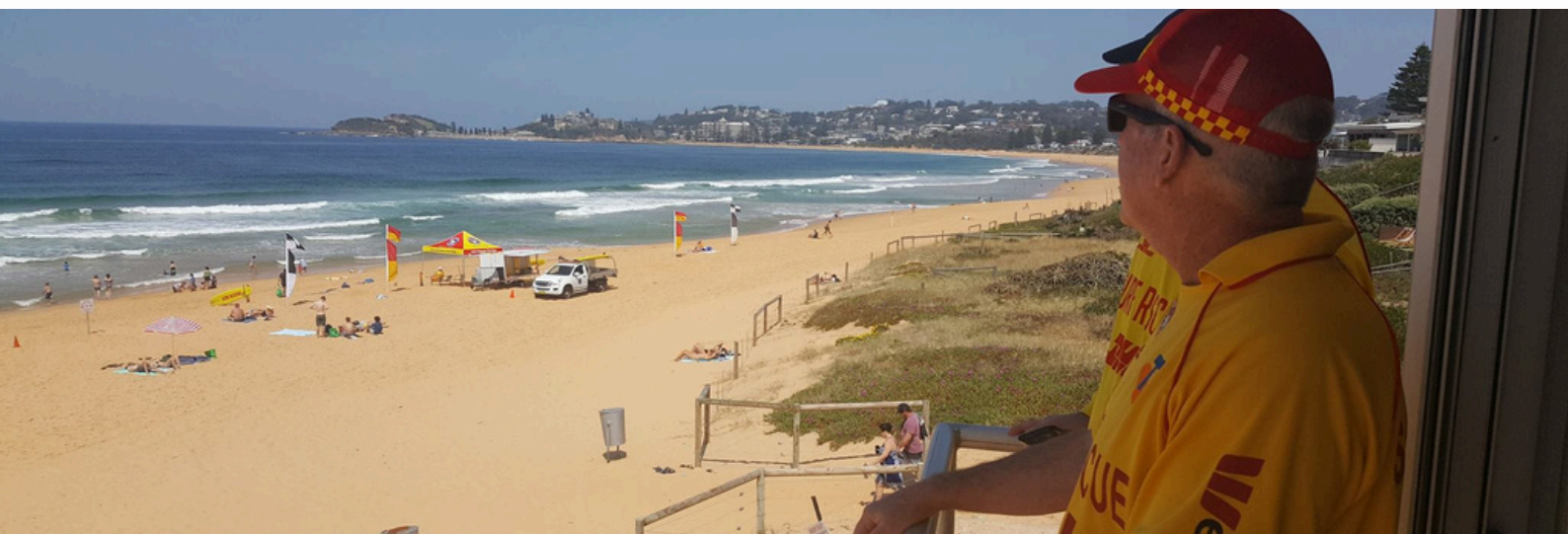
IRB Captain – Greg Diamond

Boss of the rubber duckies, making sure they're ready to rescue, and for for the surf.

Office Administration – Mel McCarthy

office@wamberalslsc.au

The friendly face (or email) behind the scenes who helps with forms, info, and getting things done.



Who we are

Board Members and Key Contacts

Education Team

Sally Carey, Bruce Gould, Alli Smith, Craig Adams, Ramzy Fawzy, Gordon Crabb, Ken Broomfield, Toni Jones, Hakki Unver

The legends who help you learn all the life-saving skills you need, from CPR to Bronze and beyond.

Want to join the Education Team?

If you'd love to be part of the awesome crew that keeps us skilled, safe, and up-to-date, get in touch with Sally. We're always on the lookout for members with something to give and skills to share with our community.

First Aid Officer – Alli Smith

The one who keeps the first aid room organised, fully stocked, and ready for anything, from bluebottles to bandaids.

Gym Supervisor – Helen Paver

Keeps the gym safe, clean, and running smoothly so you can lift, lunge, and stretch like a pro (with proper form, of course).



5



Calendars

We have a few key schedules to help you plan your season and stay organised. Be sure to check regularly for updates.

[Patrol Rosters – click here to go to this calendar](#)

Your guide to when you're on duty. All Bronze Medallion and SRC members are rostered to patrol across the season. Make sure you know your dates, and if you need a sub, give your Patrol Captain a shout early.

[Nippers calendars – click here to go to this calendar](#)

This outlines all the important Nipper Sundays, training sessions, carnivals, and special events. It's your go-to for everything from BBQ's to presentation day.

[Social calendars – click here to go to this calendar](#)

We love a good get-together. From the Sandy Ball, Christmas parties, and presentation nights to casual drinks at the Iron Bar, the social calendar keeps the fun going off the beach too.

[Competiton calendars – click here to go to this calendar](#)

Whether you're a Nipper, Master, or Surf Boat Rower, this calendar covers all the carnivals, local events, and training to get your competitive spirit fired up.

All calendars are available online via our website and shared through our social media and WhatsApp groups. If you're ever unsure, just ask your Patrol Captain, Age Manager, or a board member, we're here to help!



Club Facilities

What is available at the club for members?

Wamberal SLSC is proud to offer a range of facilities to support our members, whether you're here for patrol, training, or just enjoying the beach community.

Club Gym

Our gym is available to active patrolling members only. To access the gym, you must complete an induction and chat with our Gym Supervisor. It's a great space to build strength and stay rescue-ready! Interested? Ask Helen at Lifesaving@wamberalslsc.au

Admin Office

This is where you'll find our amazing admin lady Mel, available Tuesday, Wednesday and Thursday, 9am–3pm. Drop in to ask questions or get help with club admin.

Changing rooms and showers

We have changing rooms with hot showers available for members. Please help us keep them clean and tidy, just like we'd hope others would for us. And don't forget to check for your belongings before you leave.



Club Facilities

First Aid Room

If you or someone else needs assistance, ask one of our patrolling members – our First Aid Room is equipped and ready for use when required.

Iron Bar (Downstairs)

A great social spot for members, we open up for drinks, sips and BBQs throughout the season. Keep an eye out for event updates.

Upstairs Café

Grab a coffee or a snack from the café upstairs. Please note this is not run by the surf club, but we love having them as part of the community.

Lost property

Misplaced your swimmers? Lost property can usually be found in the office or just inside the club entrance, if you're unsure, just ask a member for help!



8



Volunteering

How you can get involved

Wamberal SLSC is 100% powered by volunteers, yes, everything we do, from patrolling the beach to running BBQs, coaching nippers, stocking first aid kits, fixing boards, and planning social events, relies on the time and generosity of our members.

There's a role for everyone, no matter your skills, availability, or interests. Whether you can lend a hand once a season or every weekend, every bit counts and is always appreciated.

If you are able and willing to devote even just a small amount of time to our club have a chat with a Board member, Patrol Captain or someone else around the club and let us know how you'd like to get involved, we always welcome an extra pair of hands!

Here are just a few ways you can help out at Wamberal SLSC:

- Nippers Help
 - Be an Age Manager
 - Flip snags at the BBQ
 - Help with beach set-up and pack-down
 - Assist with weekly fundraising efforts



Volunteering

How you can get involved

- Patrol the Beach
 - Get your Bronze Medallion (see the Education section)
 - Join a patrol team and help keep our beach safe
- Support Events & Activities
 - Help organise or volunteer at our carnivals like Race One and Nutty Masters
 - Get involved in social events like the Sandy Ball—set up, decorate, or clean up
 - Lend your ideas to fundraising events
- Use Your Special Skills
 - Got computer or admin skills? We'd love help behind the scenes
 - Handy with tools or a green thumb? Help with gear maintenance or gardening
 - A whiz at marketing or grant writing? We're always looking for fundraising champions (see our Sponsorship section)

Whether you can give one hour a season or a little time each week, your contribution matters and we'd love to have you as part of the team.

Please contact any board member, age manager or Patrol Captain if you would like to help.



Sponsorship

How you can support the club

As a not-for-profit volunteer organisation, Wamberal SLSC relies on the generous support of our community to keep doing what we do best, saving lives, training lifesavers, and supporting our members. From patrol gear to nipper boards, most of our club is supported by fundraising, grants, sponsorships, and donations. We're incredibly grateful for the businesses and individuals who back us, and we're always looking to build new partnerships that help us grow stronger together.

Want to Sponsor the Club?

There are a range of sponsorship options available for any member or business keen to support Wamberal SLSC. From donating equipment to cash contributions, we're open to discussing all kinds of support, big or small. For more information contact Helen at sponsorship@wamberalslsc.au.



Sponsorship

Other ways you can support our Club

IGA – Ritchies Community Benefits Card



Do you shop at IGA? Did you know when you swipe your Ritchies Community Benefits card IGA will donate 0.5% of your spend back to our club?

It is quick, simple and easy to download, register and activate

Follow this link,
www.ritchies.com.au/loyalty/ritchies-card

Or, scan the QR code across to get started.

Please ensure you choose SLSC Wamberal Surf Life Saving Club as your chosen recipient.

You can shop at ANY Ritchies supermarket or liquor store throughout VIC, NSW or QLD and the benefit will still come back to Wamberal SLSC.

RITCHIES IGA + LIQUOR

NOMINATE US TODAY

AS PART OF THE RITCHIES COMMUNITY BENEFIT PROGRAM

and help us generate extra funds.

- 1 Download or update the Ritchies Card App
- 2 Search and select our name when prompted to nominate a club, school or charity
- 3 Every time you shop at Ritchies and scan your app or card, Ritchies will contribute a percentage of the total to us

Return and Earn

Help Wamberal SLSC and the environment by donating your empty bottles and cans!

We've joined the "Return and Earn" initiative to reduce litter and raise funds for the club. Simply drop your eligible bottles and cans (no wine or spirits, please!) into the bags in the cages at the back of the Surf Club.

It's a simple way to make a big difference—let's keep our beaches clean and support Wamberal SLSC at the same time!



12



Sponsorship

Other ways you can support our Club

Westpac Mortgage or Refinance

Wamberal SLSC has partnered with Westpac Bank to help raise funds for our club!

If you're thinking about getting a mortgage or refinancing, we can refer you to our amazing Westpac mortgage advisor for a no-obligation chat to see if you can get the best deal.

The best part? If you proceed with a mortgage through Westpac, Wamberal SLSC will receive a small donation—at no cost to you!

- Completely confidential
- No cost, no obligation
- Helps support your local surf club!

If you're interested, reach out to Helen sponsorship@wamberalslsc.au for a referral.

Your home loan could help save lives!



SLS Foundation Lottery



Wamberal SLSC has joined the SLS Foundation's Home Lottery, and we want YOU to be a part of it.

When you buy a ticket through our QR code or SurfClub link, 50% of the ticket price goes directly to our club for new equipment, plus, you get the chance to win a stunning luxury home! It's a win-win!



You can grab your tickets through our through our QR code or our special link

<https://surflottery.com.au/club/wamberalslsc>

Get your ticket today and help support the club!



13



Patrols

The Heart of Our Surf Club

Wamberal SLSC is built on the commitment of our volunteer lifesavers who proudly keep our beach safe every patrol weekend and public holiday. It's a rewarding way to give back to the community, be part of a team, and gain valuable lifesaving skills.

Whether you're a First Aider, a calm voice on the radio, an IRB gun, or a beach ready support player, there's a role for everyone. We all bring our own strengths.

Once you've completed your Bronze Medallion, SRC (Surf Rescue Certificate), or Radio Operator award, you'll be assigned to one of our 9 patrol teams. Each patrol is led by a Patrol Captain, your go-to person for guidance, help, and making sure things run smoothly.

Uniforms

Uniforms can be collected from Helen, our Director of Lifesaving.

Reach out at:

lifesaving@wamberalslsc.au

Patrol Roster

You'll receive a seasonal patrol roster so you know when you're on duty. If something comes up and you can't make your patrol, please contact your Patrol Captain early so arrangements can be made.



Patrols

Upskilling and Requals

We offer heaps of education opportunities to grow your skills—like IRB Crew/Driver, Advanced Resuscitation and more.

Head to the Education section to learn more.

Each season kicks off with a Requal (Skills Maintenance) session, this is mandatory for all active lifesavers to stay up to date and refreshed. There'll be plenty of chances to attend. Chat to your Patrol Captain or the Education Team for dates and details.

Want to Join?

We are always looking for more, patrolling members to help keep our community safe. No matter how much time you can give, your contribution matters.

Without patrols, there is no surf club—this is the core of what we do.

Please reach out to Helen,
lifesaving@wamberalslsc.au for more information



15



Education

Building Competent and Capable Life Savers

Education is at the heart of everything we do at Wamberal SLSC. It's how we ensure our lifesavers are skilled, confident, and ready to keep our beach and community safe. We're committed to building a strong, well-qualified team with a broad range of experience. We offer training pathways that play to your strengths, whether that's first aid, water rescues, radios, IRBs, or leadership.

Bronze Medallion

The Bronze Medallion is the start to becoming a fully qualified surf lifesaver giving you the skills and confidence to actively patrol the beach. The course runs over approximately 6 weeks and includes:

Dry sessions at the club, where you'll learn:

CPR First aid Surf safety Radio communication Rescue protocols

Water sessions where you'll practise:

Board & Tube rescues Spinal management General beach scenarios and teamwork

By the end, you'll be skilled enough to join a patrol, but that's just the beginning. Once you're on the beach, you'll continue learning alongside your team, building your experience and developing your skills as a lifesaver. We always aim to place you on a patrol that suits you – with friends, or other members with similar interests.



Education

Who Should Do the Bronze Medallion, And Why?

Anyone who loves the beach, wants to give back, or wants to set a great example, this one's for you! Without volunteer lifesavers our Surf Club would not exist, so if you want to be part of nippers, competition or just the social side of the club then please consider upskilling to join our patrols.

Nipper Parents

Complete your Bronze Medallion so you can provide vital water safety at Nippers. You'll also be showing your kids how valuable these skills are, lead by example, and they might even patrol alongside you one day.

Want to Compete?

You'll need your Bronze Medallion and patrol hours under your belt to take part in carnivals, including masters and surf boat rowing. This is your first step toward competition.

Contact Ben competition@wamberalslsc.au for more information on competing

Love your community?

Doing your Bronze is a great way to give back, learn lifesaving skills, and spend a few hours a month on the beach with a team of legends.

Whether you're keen to be hands-on in rescues, help on the beach with first aid or radios, or just enjoy the camaraderie, there's a place for you.

Contact Helen lifesaving@wamberalslsc.au or Sally education@wamberalslsc.au for further information.



Education

Upskilling opportunities

There are heaps of ways to build your skills, these courses help make our beach safer and give you the confidence to take on more responsibility.

IRB Driver and Crew

Join the legends in the IRBs ! These are essential rescue roles that help us reach people fast in the surf.

ART (Advanced Resuscitation Techniques)

Learn to use oxygen, suction and defibrillators to manage more serious incidents.

SMAR (Silver Medallion Aquatic Rescue)

This is for highly skilled water operators—training in complex rescues, rock access, and advanced scenarios.

RWC Rescue Water Craft

Become qualified to operate the jet ski. You'll need SMAR first and a strong level of skill and fitness.

Silver Medallion Beach Management

This course is essential for those wanting to step up as Patrol Captains. It focuses on leadership, risk assessment, communication, and incident management—making sure patrols run safely and efficiently.

For info on how to enrol or what might suit you best, see the Education Team or your Patrol Captain
Sally.education@wamberalslsc.au.



18



Competition

Whether you're a speedy sprinter, a surf craft pro, or just keen to give something new a go we've got competition opportunities for all ages.

Nippers

Keen for your little lifesavers to test their skills? Nippers have the chance to compete at local and regional carnivals. Just chat to your Age Manager to find out what's available for your child and how to get involved.

Contact Jac@wamberalslsc.au for more info.

Masters and Opens

Are you a big Nipper at heart? Join our awesome Masters (and opens) team. From beach flags to board races, we offer regular training and heaps of opportunities throughout the year to have fun, stay fit, and represent Wamberal. NOTE You'll need your Bronze Medallion to compete, but don't worry, we run regular courses each season to help you qualify Contact our Ben our Director of Competition for further information competition@wamberalslsc.au

Surfboats

Up for a challenge? Try surf boat rowing, an exciting team sport that requires dedication and hard work but heaps of fun. Reach out to our surf boat team to get started!

contact surfboatrowers@wamberalslsc.au for more info



19



Youth Involvement and Pathways

At Wamberal, we love seeing our young members grow into confident, skilled, and passionate lifesavers. We offer plenty of opportunities for youth to get involved, learn new things, and take on leadership roles as they progress through the club.

Nippers – Rookies – SRC – Bronze Medallion

Our development journey starts with Nippers, then moves into the Rookie Program, followed by the Surf Rescue Certificate (SRC) and finally the Bronze Medallion, your ticket to becoming a fully qualified lifesaver and patrolling member.

Contact Jason at jac@wamberalslsc.au for more info

Duke of Ed

Want to challenge yourself and gain real world skills? Our longstanding Duke of Ed program, led by the gorgeous Libby Naven, supports young people to earn their Bronze, Silver, and Gold Awards while giving back to the community through surf lifesaving.

Contact Libby at dukeofed@wamberalslsc.au for more info

Leadership Opportunities

There are heaps of ways to build your leadership skills both at Wamberal SLSC and through SLS Central Coast. From youth forums to team leadership, we're here to help you grow. Just have a chat with your Patrol Captain if you're keen to get involved!



20



Communications

How do we stay in contact

There's always something happening at Wamberal SLSC, here's how we keep in touch and how you can stay in the loop.



Facebook

We use Facebook to share general club news, event updates, photos, and important info. Please make sure you join the groups relevant to you:

Wamberal SLSC – General Page

<https://www.facebook.com/WamberalSLSC>

Wamberal Nippers

<https://www.facebook.com/groups/514783262194310>

Wamberal Masters

<https://www.facebook.com/groups/129381384371080>

Wamberal Surfboat Rowers

<https://www.facebook.com/wamberalboaties>



Whatsapp

We use a variety of WhatsApp groups for more direct and day-to-day communication. These are managed by Patrol Captains, Age Managers, and board members. Want to know which group you should be in? Just ask and we will point you in the right direction.



Member emails

From time to time, we'll send emails to members with key updates, events, reminders, and important information. Keep an eye on your inbox so you don't miss out.



21

