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**Myers' Cocktail**

**Ingredients**:

**B Vitamins**: B vitamins play a crucial role in various bodily functions, including energy production, growth and development, maintaining healthy eyes, nervous system, and skin, supporting the digestive system, and breaking down fats. The B vitamin complex in a Myers' Cocktail typically includes vitamins B6, riboflavin, folic acid, and niacin.

**Vitamin C**: Known for its immune-boosting properties, vitamin C is also essential for maintaining healthy bones, muscles, and blood vessels. As an antioxidant, vitamin C protects against cardiovascular disease and eye disease and plays a vital role in collagen production and iron absorption.

**Amino Acids**: An Amino Blend injection may help boost your metabolism, improve energy levels, increase endurance, and help to burn fat. Our amino acid blend also provides your body with essential and non-essential amino acids to promote overall health

**Magnesium**: Magnesium aids in calcium absorption, contributing to overall bone health. It also decreases the risk of developing diabetes, maintains heart health, prevents and relieves migraines, helps alleviate PMS symptoms, and reduces anxiety.

**Vitamin B12**: Often used to maintain nerve and blood cell health, vitamin B12 can help reduce feelings of fatigue.

**Benefits**

* Nutrient Boost: The combination of vitamins and minerals in the cocktail provides your body with essential nutrients that may be lacking in your diet or not adequately absorbed through oral supplements. In fact, it's the highest vitamin boost of any of our IVs.
* Convenience: IV therapy allows for treatment in the comfort of your home or a medical professional's office, making it a convenient option for those with busy schedules or difficulty swallowing oral supplements.
* Energy Boost: The B vitamins and other nutrients in the cocktail can help increase energy levels and reduce fatigue.
* Stress Reduction: The calming effects of magnesium can help alleviate stress and anxiety, promoting mental well-being.
* Improved Mood: The blend of vitamins and minerals in a Myers' Cocktail may contribute to improved mood and overall emotional health.
* Immune Support: With its combination of immune-boosting ingredients like vitamin C and zinc, a Myers' Cocktail can help support your immune system, potentially preventing colds and other illnesses.

**Concentration:**

B-complex: B1 (100mg/mL), B2 (2mg/mL), B3 (100mg/mL), B5 (2mg/mL), B6 (2mg/mL)

Magnesium Cloride: 300mg/mL

Amino Blend: Arginine HCL (100mg/mL), Citruline (50mg/mL), Lysine HCL (50mg/mL), Proline (50mg/mL)

**Route of Administration:** IV

**Side effects:**

* Light-headedness or fainting
* Allergic reaction anaphylaxis
* Muscle weakness or abnormal heart rate
* Nausea
* Vomiting
* Diarrhea
* Dizziness
* Headache