



COVID-19 Policy & Protocol:

Due to the very real risk factor of any community service worker contracting the Coronavirus / COVID-19 from clients, other therapists or any community member ECHO Healing has adopted the following policies / protocols for all CE classes for the foreseeable future:

- **Face masks must be worn at all times during classes.**
- **Social distancing will be maintained during lecture time.**
- **Social distancing is simply NOT possible during hands-on class participation time & masks will be required.**
- **There will be no exceptions for your level of comfort or “medical condition” allowing you to unsafely breathe on other participants.**
- **If you do not want to wear a mask, you are welcome to find another CE class with less stringent policies. This course is not required by law. Therefore you DO HAVE other choices for your continuing education and licensing requirements.**

Please refrain from verbalizing your frustration or politicizing this issue. This is a health and safety topic, not a political topic. Everyone's situation is different. I am a caregiver for my elderly parents. I am also immune-compromised.

Frankly I do not care about your comfort because I too am uncomfortable wearing a mask.

I wear a mask for your safety (in case I am an unknown carrier of COVID) and for my own parents who I am trying to protect and for whom I am trying to limit medical suffering.

Your “comfort and liberty” is less important to me than my right to life and my parents continued health in their last years together.

EXCEPTIONS FOR CLASS PARTICIPATION:

The ONLY exception for this is when a student is placed in a prone position within a face cradle for demonstration / routine hand-on practice time.

There is a specific protocol for our activity and movements when dealing with removing masks which will be covered in class.

Sanitizer, wipes or other cleaning supplies, along with trays or boxes for masks & king size pillow cases WILL BE PROVIDED by ECHO Healing GA for every class participant so that we can create a closed yet breathable, 2-layered fabric safety net for others within the room.

When hydrating, you can lower your mask to drink and replace it immediately.

When eating (on a lunch break or a short break) you can lower your mask and remain 6 or more feet away from other class participants.

Thank you for your understanding and for keeping our classes and community safe.