

2019 ANNUAL REPORT



Arizona Perinatal Trust
and its performing corporation
Arizona Perinatal Regional System, Inc.
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EXECUTIVE SUMMARY

The Arizona Perinatal Trust is a Perinatal Quality Collaborative that focuses on improving the quality of care for Arizona's mothers and infants through perinatal regionalization, education and collaboration.

Thanks to the support of the hundreds of volunteers, certified hospitals, as well as our partnering agencies and organizations, the Arizona Perinatal Trust has celebrated 39 years of working to improve the health of Arizona's mothers and babies.

VOLUNTARY CERTIFICATION PROGRAM (VCP)

APT partners with hospitals in Arizona to provide a system of regionalized perinatal/ neonatal levels of care, through the Voluntary Certification Program (VCP). The VCP process is a quality improvement effort that includes matching hospital capabilities and capacity to established guidelines. This is accomplished through a self-assessment process and a site visit by a team of peer professionals.

- ◆ 38 Perinatal Care Centers & 1 Neonatal Care Center certified
- ◆ 10 Site Visits completed
- ◆ 35 Volunteer Site Visit Reviewers
- ◆ 1036 Volunteer hours*

Arizona data** shows:

- ◆ 95% of all resident births occurred in APT Certified Hospitals (2018)
- ◆ 90% of all very low birth weight singleton babies were born in a Level II-E or higher hospital, exceeding the Healthy People 2020 goal of 83.7% (2018)
- ◆ 7.2% of newborns were admitted to the NICU (2018)
- ◆ 831 high-risk mothers were transported to a higher Level of Care (2018)
- ◆ 841 critically ill newborns were transported to a higher level of care (2018)

As part of the VCP site visit, a site visit evaluations are conducted. Of the 10 site visits completed in 2019, 100% of the facilities felt that the hospital objectives were met through the site visit process. Site visit reviewers were also evaluated in three areas; questions, knowledge and behavior; some sample comments are provided below:

- ◆ We are pleased to have the support and tools we need to give our OB patients the best care
- ◆ Great collaboration; appreciate team's questions, feedback and support
- ◆ The updates regarding new evidence and future practice changes were especially valuable
- ◆ The day was collaborative and supportive
- ◆ APT keeps us aligned with other Level III facilities

*APT/APRS Board Members and Consultants; Site Visit Reviewers

**ADHS Vital Records Data

PERINATAL EDUCATION

The APT 29th Annual Conference was held August 8 & 9, 2019 at the High Country Conference Center, NAU in Flagstaff, Arizona. Highlights include:

- ◆ 160+ healthcare professionals in attendance
- ◆ 38 Event Sponsors/Exhibitors/Contributors
- ◆ Presentations:
 - Maternal Sepsis & Early Identification
 - Breaking the Mold: An Innovative Approach to Maternal and Neonatal Fall Prevention
 - Escape from NAS – Home in Six Days
 - Re-emerging Infections
 - Mood Disorders in Pregnancy
 - SMM&M Group/AIM
 - Multimodality Fetal Imaging
 - Midwifery in Arizona
 - CNM/OB Model NIMC
 - Obesity & Pregnancy – A Dangerous Duo
 - ADHS-HRPP/NICP/PRAMS; AHCCCS; and MOD Updates
- ◆ Staff and Volunteers also provided technical assistance and consultation to hospital systems in Arizona.

CONTINUING WORK

- ◆ Collaboration with member hospitals and providers
- ◆ Review and revision of the Recommendations & Guidelines for Perinatal and Freestanding Care Centers and development of Levels of Care for Freestanding Birth Centers
- ◆ Encouraging uncertified hospitals to become a part of Arizona’s regionalized perinatal system
- ◆ Collaboration with AZ Department of Health Services (ADHS), Bureau of Women’s & Children’s Health, Newborn Screening, Maternal Mortality Review Committee
- ◆ Collaboration with March of Dimes, Arizona Chapter
- ◆ Collaboration with AHCCCS
- ◆ Working to improve the health of Arizona’s mothers and babies

2019 FINANCIAL INFORMATION

The majority of APT's income includes annual membership and certification/recertification fees from member hospitals.

Income:

Program Services: \$230,321
Contributions: \$ 2,998

Expense:

Program Services: \$178,685
Management and General: \$ 96,215

ARIZONA PERINATAL TRUST CERTIFIED HOSPITALS

IN-HOSPITAL BIRTHING CENTERS – IHBC (Indian Health Services Only)

Whiteriver USPHS Indian Hospital

LEVEL I PERINATAL CARE CENTERS

Banner Page Hospital
Banner Payson Medical Center
Carondelet Holy Cross Hospital
Cobre Valley Regional Medical Center
Havasu Regional Medical Center
Kingman Regional Medical Center
Phoenix Indian Medical Center
Verde Valley Medical Center
Western Arizona Regional Medical Center

LEVEL II PERINATAL CARE CENTERS

Abrazo West Campus
Banner Casa Grande Medical Center
Banner Del E. Webb Medical Center
Banner Gateway Medical Center
Banner Ironwood Medical Center
HonorHealth Scottsdale Osborn Medical Center
Mercy Gilbert Medical Center
Mountain Vista Medical Center
Summit Healthcare Regional Medical Center
Tuba City Regional Health Care Corporation
Yavapai Regional Medical Center – East Campus

LEVEL IIE PERINATAL CARE CENTERS

Abrazo Arrowhead Campus
Banner Estrella Medical Center
Carondelet St. Joseph’s Medical Center
Chandler Regional Medical Center
Flagstaff Medical Center
Northwest Medical Center
Yuma Regional Medical Center

LEVEL III PERINATAL CARE CENTERS

Banner Desert & Cardon Children’s Medical Centers
Banner Thunderbird Medical Center
Banner University Medical Center – Phoenix
Banner University Medical Center – Tucson
HonorHealth Scottsdale Shea Medical Center
Maricopa Integrated Health Systems
St. Joseph’s Hospital & Medical Center
Tucson Medical Center
Sunrise Children’s Hospital – Las Vegas

LEVEL III FREESTANDING NEONATAL CARE CENTERS

Phoenix Children’s Hospital

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