Anna's Place Mission

No Act Of Kindness Is Too Small

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What's The Word?



I'd like to teach the world to sing in perfect harmony. I'd like to hold it in my arms and keep it company. I'd like to see the world for once all standing hand in hand and hear them echo through the hills for peace throughout the land (that's the song I hear) – Hillside Singers (1971). This song made a major impression on

me... so simple, yet so profound.

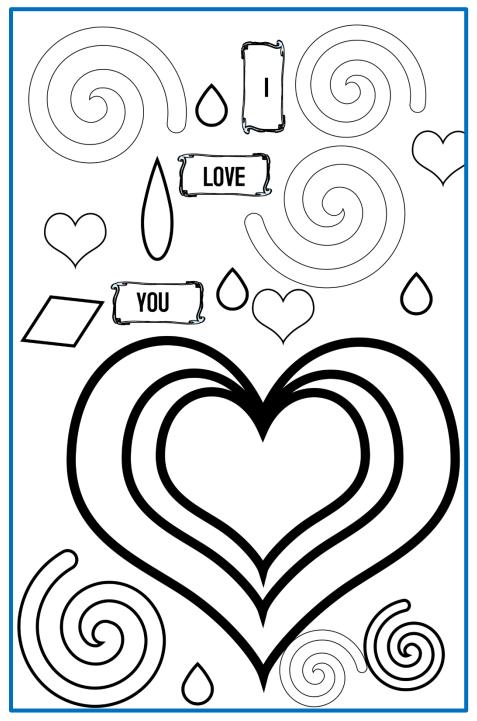
I'd like to teach the world to sing in perfect harmony. I'd like to hold it in my arms and keep it company. Singing in perfect harmony requires that we first are singing the same song. It also tells us that we each have a part to play in the making of the whole. And it requires that we must work on it individually, as well as together, to achieve perfection. Also, in order to teach peace you must have peace yourself.

I'd like to see the world for once all standing hand in hand and

hear them echo through the hills for peace throughout the land Once we have peace and start to teach others, peace will flow across the land. Conflicts resolved.

That's the song I hear...

Rev. Anna



A Classic, Slow-Cooked Meal

(Culinary.net) Whether you're looking for a family meal or a dish to feed a different type of crowd, taking advantage of kitchen tools like your slow cooker can help take the effort out of preparation. Flavored using cranberries and oranges, this Cranberry-Orange Pork Loin is a classic dish that's perfect for entertaining any type of group.

Find more recipes at <u>www.Culinary.net</u>.

Cranberry-Orange Pork Loin

- 1 tablespoon oil
- 1 pork loin (4 pounds), tied at 1-inch intervals
- 14 ounces cranberry sauce
- 1 cup dried cranberries
- 3/4 cup orange juice
- 1/8 teaspoon cinnamon
- 3 strips orange zest salt, to taste pepper, to taste

In skillet over medium heat, heat oil.

Sear pork loin on all sides.



In slow cooker, stir cranberry sauce, dried cranberries, orange juice, cinnamon and orange zest until combined. Set pork loin in middle of sauce mixture and drizzle sauce over meat.

Cover and cook on low 4 hours, or until meat reaches 140-145 F.

Transfer pork to cutting board. Remove twine.

Strain cranberries from slow cooker; set aside. Pour strained liquid into skillet. Add salt and pepper, to taste. Simmer 7-8 minutes.

Spoon cranberries and sauce over pork loin.

Dirt Therapy Although my family and friends have not been personally impacted by the pandemic, I still find myself experiencing stress during this unprecedented time. It is difficult not to ache for all the loss around the world and here in the States. To alleviate some of my stress, I decided to focus on my gardening this Spring.

This choice baffled my family as I've never had any luck with gardening. Faithfully, each Spring I buy soil, seeds, planters, garden gloves and seedlings. I focus on local nurseries, not big box stores – convinced that if I find the best quality materials, I will be successful. However, I have managed to kill every fruit, herb and vegetable plant I attempt to grow. My lack of skill in this area is a running joke with my husband.

This year I decided to reach out to my co-workers who are successful gardeners. They gave me great advice. In addition to the practical tips, they advised me to slow down, not stress and just enjoy the process. This wonderful advice has helped me greatly.

Rather than thinking about my past failures I am imagining a successful gardening experience. I'm not worrying about the worms that might attack my cabbage, or how my tomatoes may rot. I appreciate the state of the seedlings as they are right now and appreciate the potential of what they can become.

A practical piece of advice provided was to thin out my seedlings earlier rather than later. Usually I would let five

or more seedlings grow in a single container until it was time to place them outdoors. The result was sickly and spindly sprouts that did not fare well. Thinning them out has resulted in healthier seedlings.

I talk to my seedlings twice a day. Just a quick visit to see if they need water, or to be moved to a sunnier or less sunny position. It is very relaxing. I use these visits to decompress. Although I knew it would be many weeks before anything would be ready to go outside, my son helped me put together a crop cage. I enjoy watching the deer, bunnies, groundhogs, chipmunks and squirrels; but I don't want my



garden to turn into a backyard buffet for the local critters. Right now, the crop cage is empty -but looking at it helps me envision the potential of my little seedlings. I image the enclosure in a riot of color of ripening vegetables. This vision helps me remember that this difficult time will pass.

When the weather warms, I will be able to move my seedlings outside. Until then, I will take my time, try not to stress; and look forward to the day I can share some freshly grown vegetables with my coworkers.

Peace

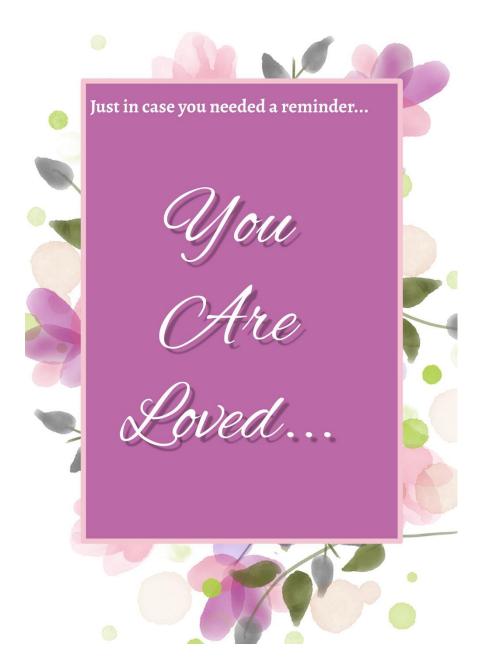
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PLAY THIS PUZZLE ONLINE HTTPS://THEWORDSEARCH.COM/PUZZLE/1401791/

Word Find

HOLDING HANDS HUMMINGBIRD THE WORLD MISSION TEACH MUSIC PEACE ANNAS PLACE ECH0 LOVE PERFECT HARMONY HILLSIDE

- Productivity is negatively affected at work and at home by clutter.
- Clutter affects mental and physical health in many negative ways.
- Family and social relationships may be negatively affected by clutter.
- Clutter can take a toll on your finances.
- You can lose up to an hour a day looking for things due to clutter.
- Problems with clutter are on a continuum mild, moderate, severe.
- Even mild challenges with clutter can have a negative effect on your life and career.
- Organizing and staying organized requires that everyone be willing to do their part.
- Sometimes compromise is necessary to manage what/who you have little control over.
- Ask for help! Friends, family, and professional organizers may be very helpful.
- If the problem is extreme, mental health assistance may be required.



Anna's Place Mission

No Act Of Kindness Is Too Small

Believing in the inherent worth of people and compassionate love; we strive to provide the basic physical and spiritual needs of those who feel marginalized by society.



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