Barbara Q. Tobias-Holtz, Ph.D., MSN, RN
Evolving Relationships, LLC
301-580-0296 (cell)
bqtobias@mac.com

Biographic Summary

Dr. Barbara Tobias was born and reared in Southern California. She was educated as a nurse at Washburn University, located in Topeka Kansas, earning a BSN and later as a nurse educator earning a MSN from Clemson University, Clemson, SC.. She was the second African American woman to earn a Master of Science in Family Health Nursing from Clemson. She earned a PhD in Counseling Psychology from APA approved The University of Georgia, Athens Georgia in 1998. She served as an Assistant Professor of Nursing at Howard University 1998-2003. She taught as an Associate Professor of Clinical Psychology at Argosy University from 2002 through 2013 inclusive of full time and as adjunct status. She has served as a court appointed Examiner for the District of Columbia Probate Court, provided supervision for clinical psychology externs, post graduate doctoral level psychology associates, masters level professional counselors and masters level social workers. She maintained a full time private practice for ten years. She has provided clinical consultation for the University of Maryland Counseling Center. She is founder of the Relationship Academy. She is licensed to practice Psychology in Maryland and the District of Columbia. Currently she is a sub-contractor for a Ryan White grant through Medstar Washington Hospital Research Center and maintains a private practice, Evolving Relationships, LLC