# ADDICTION & MENTAL HEALTH EDUCATION SEMINAR

Megan Delzell is a published author and prior teacher with experience speaking in middle schools, high schools, incarceration facilities and addiction groups.

All speaking topics can be formatted according to age group.

## Let's Recover Out Loud!





## Talking points

- Addiction and Recovery, when and where to seek help.
- Mental Health and the importance of communication.
- Everyone recovers from something at some point.
- Recovering out loud, to help those who still suffer in silence.
- You're not alone.

## Now Scheduling for 2024/2025

- 2024/2025 School Year
- Kern County, California
  Ventura County, California

## Megan Delzell, MEd.

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